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Research paper

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LIVESTOCK IN NUTRITION AND FOOD SECURITY IN INDIA

Dr. R.Mayakkannan

Assistant Professor and Research Supervisor P.G and Research Department of Commerce, Sri Sankara Arts and Science College, Enathur, Kanchipuram -631561

ABSTRACT

In theory, animals that reproduce together transform undesirable, low-value substances into milk, meat, and eggs to increase their food supply. The people consume 13% of the world's energy on a regular basis, which basically increases food security. Despite the fact that they are pricey sources of energy, "creature source food blends" are one of the most amazing sources of protein and micronutrients, which are essential for daily life and good health. The test is a way to look at difficult tradeoffs so that good results from controlled animals should be clear while bad ones, like risks to people's health and the environment, are limited.

Key words: Strategy, Food Supply and Food Security.

INTRODUCTION

Food security is achieved when everyone consistently adheres to reasonable dietary rules, consumes less low-quality food, and consumes safe, nutritious food that meets their dietary requirements and food preferences for a long and prosperous life, as demonstrated in 1996 by the Construction for Directing Creatures and Guaranteeing Agrarian Nations' Food Security. It was a fantastic definition. Rarely used, the term "food security" emphasizes quantity over quality when it comes to food: The quality point of view is captured by the phrase "food security." Pigs, cows, sheep, goats, and other amazing but increasingly large animals support the financial plans of seven billion people. Due to their limited and insignificant resources, they are able to either maintain food security or undermine it.

The Challenge of Food and Nutrition Security

The Evaluation of Food and Well-Being in a Safe House The establishment of the development cycle is completed by sterilizing the eating and sleeping areas. According to a few studies, the amount of food needed to feed an additional 2 billion people should increase by half to 70% by 2050. This is especially important in countries that don't have access to water, where sudden



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increases in the cost of food have made it hard to tell the rich from the poor: It is common knowledge that food costs will continue to rise. Up to two billion people suffer from food impulsivity, with roughly one billion of them experiencing all of the negative effects. Around two billion people suffer from the negative effects of "stowed away yearning," in which they consume fewer calories but fail to meet their healthful needs. Even though the number and severity of malnourished creative characters are decreasing, the Thousand Years' Movement's goal of reducing the number of people experiencing clear longing by one fifth by 2015 will not be met.

Objectives of the study

- 1. The primary focus of this article is on the effects that coordinated animals have on food and food security.
- 2. People in need heavily rely on less nutritious food options that do not address all of their health issues.

Direct Contributions of Livestock to Nutrition Security

The short liabilities that enable creatures to anticipate food security have an impact on the quantity of food consumed by people from various creature sources. According to IAASTD, 2009, consumption of meat and milk is anticipated to rise more rapidly than that of other collectibles in non-current nations. Unafraid Security's immediate liabilities to Sensible Creatures become more regrettable as the population grows, wages rise, and metropolitan areas become more crowded. Flood is rich in protein and other significant micronutrients that animals cannot store for very long. Regardless of whether they notice changes, people will stick to their schedules, adhere to their bodies' physiological endpoints, and generally remain stable. In any case, plant-based foods should contain lysine, methionine, and threonine, which are essential amino acids. A few micronutrients from living things, like vitamin B12, should be present in food. Different micronutrients, such as calcium, zinc, vitamin A, and pounds, become more bioavailable in living food.



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People who avoid starches and eat fewer of them make a serious stockpile of a few important micronutrients from animal-based food choices: Importantly, only a small amount of iron and hemoglobin is supplied by riboflavin and vitamin A; Regardless of how widespread these various updates are consistently, iron overhauls will probably not be sufficient to treat vanity on their own. Eating enough food that comes from living things can prevent deficiencies in protein, iron, and vitamin A. The World Health Organization estimated that 17.4 million, 15.6 million, and 0.6 million people died from these three diseases in 2009.

In fact, even small amounts of food from animals have been shown to have a significant impact on children's behavior, academic ability, and actual work, in addition to providing sufficient nutrition and preventing cravings and medical issues. effects of a high birth rate; and worried about how worried you were about the problem. When used correctly, micronutrients, like those found in animals' planned food areas of interest, are linked to more grounded security components and safer reactions. The FAO says that one billion of the world's weakest people are used by controlled creatures. Therefore, it is reasonable to assume that members of a family will consume the variety of food sources provided by families that keep animals, and that the development of a creature's sense of smell will primarily influence family food.

Indirect Contributions of Livestock to Nutrition Security

Animals raised in other countries contribute to food security by earning money that can be used to purchase basic food sources. The meaningless obligations coordinated animals have to food security. The absurd obligations the animals should fulfill in order to guarantee food security. In addition, these animals have a negative impact on food security and pay age by working in food supply chains that begin with other animals or by earning money from the activities, goods, or services of other animals. In Asia and Africa, nearly a billion hungry people rely on the presence and status of enormous animals for food. The clever things that animals do to different parts of people The percentage of people who are responsible for supporting their families ranges from 2% to more than 33% depending on where they were born.

The new key rule for animal products has also restricted farmers who raise animals to solve problems and make money. The animals mentioned, the shifting conditions in other



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countries, and the animals mentioned as a whole being influenced by a wide variety of neighboring, nearby, and global factors all have an impact on how made by smallholder animal supervisors shifts. The crucial component of the creature, such as the creation chain, for instance. Additionally, references are made to home events, rancher's information, board projects, and the transportation of controlled animals and the resources associated with them. The creature population accounts for as much as 40% of GDP in some non-current nations. In India, working animals and birds play a crucial role in assisting people in saving money.

Table.1 Demand projections for livestock products in India

Product	Rural/	Low income growth			Moderate income			High income growth		
Name	Urban				growth					
		2000	2010	2020	2000	2010	2020	2000	2010	2020
Milk	Rural	37.96	49.78	64.16	38.86	52.70	70.24	42.64	66.07	100.58
(MT)	Urban	19.74	32.23	51.45	21.91	41.55	77.02	24.92	56.78	126.49
	Total	57.70	82.01	115.1	60.77	94.25	147.6	67.56	122.85	227.17
Mutton	Rural	0.54	0.64	0.74	0.65	0.77	0.56	0.56	0.71	0.89
and Goat	Urban	0.61	1.54	3.83	0.81	3.15	11.95	1.16	7.42	46.48
Meat(MT)	Total	1.15	2.18	4.57	1.35	3.80	12.72	1.72	8.13	47.37
Beef and	Rural	0.37	0.45	0.53	0.37	0.46	0.56	0.39	0.52	0.68
Buffalo	Urban	0.22	0.33	0.47	0.24	0.38	0.59	0.25	0.45	0.77
Meat(MT)	Total	0.59	0.78	1.00	0.61	0.84	1.15	0.65	0.97	1.45
Chiken	Rural	0.20	0.26	0.35	0.20	0.28	0.39	0.22	0.36	0.58
(MT)	Urban	0.12	0.19	0.29	0.13	0.24	0.42	0.15	0.31	0.65
	Total	0.32	0.45	0.64	0.33	0.52	0.81	0.37	0.67	1.23
Egg	Rural	6.69	9.87	14.29	6.97	10.87	16.67	8.15	15.94	30.61
(billion	Urban	6.13	10.38	17.18	6.91	13.92	27.38	8.02	19.94	48.49
number)	Total	12.82	20.25	31.47	13.88	24.79	44.05	16.15	35.88	79.10

Source: National Centre for Agricultural Economics and Policy Research (ICAR) New Delhi, India

The actual table depicts the circumstances that serve as a wake-up call to individuals whose low compensation improvement status is likely to decrease in 2020. The total demand for new milk is



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likely to rise to 115.1 million tons. It is anticipated that demand for burger and buffalo meat will rise to one million tons, while demand for sheep and goat meat will also rise to four million tons. Additionally, demand will rise by 31.47 billion and egg utilization will reach 0.64 million tons. The milk interest will rise to 147.6 million tons in 2020 as a result of a minor pay increase; The goal is 12.72 million tons of sheep and goat meat; The demand for cheeseburger and buffalo meat will rise to 1.15 million tons; There will be a need for 0.81 million tons of chickens; Additionally, the number of eggs consumed will rise by 44.05 billion.

Livestock production

Due to their dependence on and importance to general food security, controlled creature rising and agribusiness are viewed as minor. According to the focal experiences office (CSO), Things obtained from controlled creatures typically have a value that is 28% higher than the value of items obtained at conventional expenses in the past and in the interest region, which is 8, 11,847 crores, or 28.6% of the total value. Taking everything into consideration, this occurred sometime between 2015 and 2016. Moderate animals rarely serve as fighting families' primary source of income. Thought holds that success necessitates conviction, control, and almost total risk. In some studies, controlled animals were linked to the new advantage that lets fighting families invest in land or private organizations, increase their wages, and become more grounded. When these perspectives are taken into consideration, food production and food security will consistently rise. In addition, people will always prioritize creature assets over other assets like land. Moving creatures can also serve as a pad, making it easier to locate food in an emergency. When evacuees move around, they frequently bring along their cows, small ruminants, and even birds. Women control how much money they make from poultry and small ruminants in various social orders; This money will instead be used to assist men's families or children as a whole. According to FAO findings from 2011, increasing female access to information and services could cut the number of older people by 100 to 150 million.

Milk, meat, and eggs will all benefit soon from population growth, urbanization, and wage growth, particularly in non-current nations. Assuming that the fundamental requirements are met, the global food framework will undergo extensive testing. As a result, experts have called for a global rebalancing: Since people don't eat enough of the kinds of food that come from living



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things, they should eat more of them; People who eat a lot ought to eat less. Everyone should consume 13.2 kilograms, or 90 grams, of red meat on a daily basis. Considering that this will have a significant impact now and in the future.

Conclusion

The working with animals gives people who need it a lot of force because it affects wages and essential needs. Kids who are educated and cautious have a better chance of becoming successful adults who can realize their full potential, earn more money, and advance their families, groups, and society. The majority of this has an impact on family, public, and global food and supplement security, necessitating novel research, development, and testing.

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