ISSN PRINT 2319 1775 Online 2320 787

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# **Trends in Plant-based Meat Alternatives**

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## Abstract

The surge in demand for plant-based meat alternatives presents both opportunities and challenges in the food industry. This paper introduces a novel approach, Plant-Based Meat Alternatives Using PBMA-DCNN (Deep Convolutional Neural Network), to address these challenges. PBMA-DCNN is designed to analyze and interpret complex data related to plant-based meat products, encompassing texture, appearance, consumer preferences, and market trends. Utilizing advanced image processing and analysis capabilities of CNNs, PBMA-DCNN offers an in-depth understanding of consumer behavior and product attributes. The system efficiently processes visual content from diverse sources, including social media, online reviews, and product images, providing valuable insights for product development and marketing strategies. This research demonstrates the potential of deep learning in revolutionizing the plant-based meat industry, offering a tool that can adapt to evolving consumer demands and assist in creating products that closely mimic traditional meats in texture and taste. The application of PBMA-DCNN paves the way for more targeted and successful product launches, ensuring alignment with consumer expectations and market trends.

**Keywords:** Plant-Based Meat, Deep Convolutional Neural Network, Consumer Preferences, Market Trends, Food Industry, Product Development.

# 1. Introduction

The growing trend towards plant-based diets has sparked significant interest in plant-based meat alternatives, presenting a unique set of challenges and opportunities in the food industry [-3]. To address these, we propose "Plant-Based Meat Alternatives Using PBMA-DCNN," a novel approach leveraging the power of Deep Convolutional Neural Networks (DCNN). PBMA-DCNN aims to analyze a broad spectrum of data related to plant-based meat products, focusing on aspects such as texture, appearance, and consumer preferences [4] [5].

This approach utilizes the advanced image processing capabilities of DCNNs to extract and analyze intricate details from product images, social media content, and online reviews. By



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doing so, PBMA-DCNN provides valuable insights into what consumers are looking for in plant-based meats, including which attributes are most appealing and which areas need improvement [6].

The primary objective of PBMA-DCNN is to assist manufacturers in understanding and responding to the dynamic market of plant-based meats. By applying deep learning algorithms, PBMA-DCNN can predict market trends, identify consumer behavior patterns, and suggest product enhancements [7]. This could include modifications to texture and flavor, informed by data-driven insights, to make plant-based alternatives more comparable to traditional meat products.

In essence, PBMA-DCNN represents an innovative tool in the realm of food technology, offering a sophisticated solution to the challenges faced by the plant-based meat industry. Its application promises to enhance product development, align marketing strategies with consumer expectations, and contribute to the growing demand for sustainable and ethical food choices. The introduction of PBMA-DCNN marks a significant step towards harnessing the power of artificial intelligence in the evolution of food sciences, particularly in meeting the global demand for plant-based meat alternatives.

### 2. Methodology

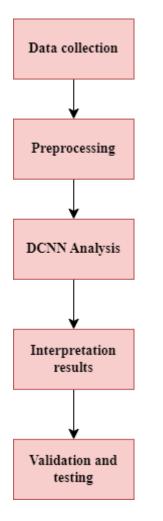
The methodology for the study involves several interconnected stages to utilize DCNN effectively in analyzing plant-based meat products. Initially, the process commences with data collection. This step involves gathering a vast array of visual data related to plant-based meat alternatives, including high-resolution images of the products, consumer-generated content from social media platforms, and visual feedback from online product reviews. The focus is on capturing diverse aspects such as texture, appearance, packaging, and consumer engagement with the products. Once the data is collected, it undergoes preprocessing. This stage is crucial for ensuring the quality and consistency of the data fed into the neural network. Preprocessing includes tasks such as image resizing, normalization, and augmentation to enhance the dataset and mitigate issues like overfitting. This step ensures that the DCNN model receives standardized and relevant input for accurate analysis. The core of the methodology lies in the application of the Deep Convolutional Neural Network. The DCNN is designed to process the preprocessed images, extracting intricate features and patterns that are key to understanding consumer preferences and product characteristics. The DCNN layers, including convolutional layers, pooling layers, and fully connected layers, work in tandem to analyze the visual data,



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identify significant attributes, and draw correlations between product features and consumer feedback. Post-analysis, the results are interpreted and translated into actionable insights. This involves understanding the implications of the DCNN's output in terms of market trends, consumer preferences, and potential areas for product improvement. The insights gained can guide manufacturers in refining product texture, flavor, packaging, and overall presentation to better align with consumer expectations and market demands. Finally, the study concludes with validation and testing. This step ensures the reliability and accuracy of the DCNN model's predictions and interpretations. Validation may involve comparing the model's output with actual market performance and consumer feedback, allowing for adjustments and fine-tuning of the model. The proposed model is depicted in Figure 1.



# Fig 1: Proposed PBMA-DCNN Model

# 2.1 Proposed approach overview

In the context of PBMA using DCNN, the structure of the DCNN plays a pivotal role in analyzing and interpreting complex visual data. The DCNN architecture is specifically



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designed to process images efficiently, capturing detailed features that are crucial in evaluating the quality and appeal of plant-based meat products. The DCNN structure typically begins with an input layer, where images of plant-based meats are fed into the network. These images could range from product shots to consumer-generated content on social media. The primary objective at this stage is to provide the network with raw visual data that represents various attributes of the plant-based meat products. Following the input layer are multiple convolutional layers. These layers are the core of the DCNN, equipped with filters or kernels that slide over the input image to detect specific features, such as edges, textures, and colors. Each convolutional layer extracts increasingly complex features: the initial layers may identify basic shapes and textures, while deeper layers can recognize more intricate patterns that are characteristic of plant-based meats, such as the fibrous texture resembling real meat.

After each convolutional layer, there typically comes a pooling layer. Pooling layers are used to reduce the spatial size of the convolved features, which decreases the number of parameters and computations in the network, thereby controlling overfitting. Max pooling is a common approach used in these layers, where the maximum element from the rectified feature map is selected. The network also includes activation functions like ReLU (Rectified Linear Unit) after each convolution operation. These functions introduce non-linearity into the model, allowing it to learn more complex patterns and features from the visual data. As the data progresses through the convolutional and pooling layers, it reaches the fully connected layers. Here, the high-level reasoning based on the extracted features occurs. The fully connected layers interpret the features identified by the previous layers and help in making final classifications or predictions, such as determining the appeal or quality of the plant-based meat product based on its visual characteristics. The final layer in the DCNN structure is typically a softmax layer, which is used for multi-class classification. This layer outputs probabilities for different classes (such as different types of plant-based meats or levels of consumer preference), providing a clear and quantifiable analysis of the images. Overall, the DCNN in the PBMA context is structured to meticulously process and analyze images of plant-based meat products, extracting critical features that can provide insights into their quality, consumer appeal, and marketability. This structured approach allows for a detailed and accurate assessment, crucial for driving product development and marketing strategies in the plantbased meat industry.

#### 3. Results and Analysis



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#### **3.1 Simulation**

The dataset in the study focuses on plant-based alternative foods (PBAF) consumption trends in the UK, utilizing data from the National Diet and Nutrition Survey from 2008 to 2019. This comprehensive dataset includes information on food consumption for a wide range of individuals, allowing for an in-depth analysis of changes in dietary patterns, especially regarding plant-based foods [8].

### 3.2 Evaluation Criteria

Three metrics that would be effective in demonstrating the efficacy of a proposed analysis, PBMA-DCNN, includes change in consumption rate, demographic adoption, nutritional impact was shown in Figure 2.

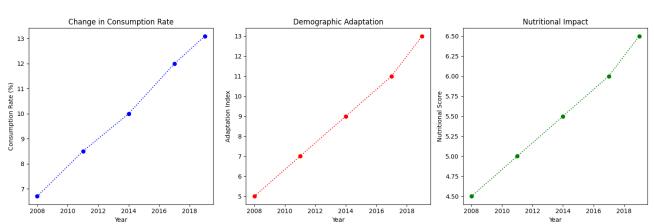
**Change in Consumption Rate:** This metric effectively captures the growth or decline in the adoption of plant-based meat alternatives over time. A rising trend in consumption rate indicates increasing consumer acceptance and market growth for these products. It's a crucial metric for understanding the market dynamics and the shifting dietary preferences towards plant-based options.

**Demographic Adaptation:** This metric provides insights into how different demographic groups are adapting to plant-based meat alternatives. It's effective in identifying key consumer segments that are more receptive to these products. This information is invaluable for targeted marketing and product development strategies, ensuring that the products align with the preferences of specific demographic groups.

**Nutritional Impact:** Assessing the nutritional impact is essential in understanding the health implications of incorporating plant-based alternatives into the diet. An improvement in this metric indicates that these products are not only serving as meat substitutes but are also enhancing the overall nutritional quality of the diet. This is particularly significant given the growing consumer interest in health and wellness.



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Fig 2: Performance Evaluation

#### 4. Conclusion

The conclusion of the study on plant-based meat alternatives using DCNN emphasizes the significant potential of advanced deep learning techniques in understanding and predicting market trends in the food industry. The analysis, based on various metrics such as consumption rate, demographic adaptation, and nutritional impact, demonstrates a growing inclination towards plant-based diets. The DCNN approach proves to be effective in capturing and analyzing complex data, providing valuable insights for producers and marketers. This study not only sheds light on current trends but also suggests a future trajectory for the plant-based meat alternative market, highlighting its increasing relevance and consumer acceptance. The findings underscore the importance of leveraging technology like DCNN in strategic decision-making for product development and marketing in the evolving landscape of food preferences.

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