

AN EVALUATION OF HOMOEOPATHIC DRUG: CALCAREA ARSENICOSA, WITH REVIEW OF RELATED LITERATURE

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ABSTRACT:

Calcarea arsenicum is the remedy which is prepared by mixing Calcarea & Arsenic components. This concept leads to the development of symptoms that are similar to Calcarea Carbonicum and Arsenic Album. Therefore, the proving of this remedy was done by Dr. Constantine Hering who played a significant role in development and explanation of homeopathy by providing it on his own body. This remedy has marked effects on fleshy women who are approaching menopause and have a malignant tendency. It also works well on drunkards, who have a strong craving for alcohol after abstaining from it. Hence this remedy was made to address a broader spectrum of symptoms and to elevate strengths of both parent substances. Moreover, this analysis will be based on most relevant symptoms which were produced during drug proving by different authors.

KEYWORDS: Fleshy Women; Malignancy; Drunkards; mental depression.

INTRODUCTION: CALCIUM GROUP:

Definition:

Calcium is one of the very important earth alkalizes placed in IIA position in the periodic table. The name calcium was derived from the Latin word “calx” (lime). Davy was the first to prepare the metal by electrolytic method in 1808. The pure metal was obtained by Moissan in 1898 by reduction of calcium iodide with metallic sodium.

Nomenclature:

SYMBOL: Ca

GROUP IN PERIODIC TABLE: Occupies IIA group in Mendeleev's periodic table.

SERIES IN PERIODIC TABLE: 4th

ATOMIC WT: 40.07

ATOMIC NO: 20

SYNONYM: Quick lime

Properties of Calcium:

1. It is silvery white metal, which is malleable and hard.
2. In moist air it is slowly tarnished but decomposes water fairly, rapidly giving hydrogen.
3. It burns in air forming oxides.
4. It has great affinity towards oxygen.

Uses of Calcium:

1. Used as a drying agent in the preparation of alcohol.
2. For absorbing air from castings.
3. For removing last traces of air from noble gases and to obtain higher vacuum.

4. For removal of Sulphur from petroleum.
5. For the preparation of beryllium, chromium, thorium by the reduction of their oxides.
6. For removal of last traces of dissolved oxygen, nitrogen and Sulphur from the metals during their extraction.

Biochemical Uses:

Ionized calcium in plasma has many vital functions including formation of

1. Bones and teeth.
2. Coagulation of blood.
3. Contracted of muscles
4. Cardiac action
5. Milk production
6. Relay of electrical and chemical messages that arrive at cell's surface membrane.
7. Keeping the membrane of the cell intact.
8. In the membrane of enzymes and hormones.
9. Transformation of light to electrical impulses in the retina.

Distribution:

Calcium is major element of body. It constitutes 1.5-2% of the body wt. Of an adult human. An average adult body contains about 1200 gm of calcium of which 98% is found in bone.

Source of Calcium:

Calcium occurs in nature only in combined state as

1. Carbonate i.e. as CaCO_3 in limestone, ice land spar, marble and chalk, as $\text{CaCO}_3 \cdot \text{MgCO}_3$ in dolomite.
2. Sulphate e.g. gypsum, CaSO_4
3. Fluoride $\text{Ca}_3(\text{PO}_4)_2 \cdot 3\text{F}$.
4. Phosphate $\text{Ca}_3(\text{PO}_4)_2$
5. Silicate CaSiO_3
6. Chloride $\text{Ca}_5(\text{PO}_4)_3\text{Cl}$.

Plant source:

1. Ragi is the richest source of Ca.
2. Legumes and pulses.
3. Nuts and oilseeds
4. Cereals and millets.
5. Green leafy vegetables e.g. Spinach, amaranth.
6. Dry fruits, black current, dry dates.

Animal source:

1. Milk and milk products: cheese, chocolates milk, ice cream, curds and cream.
2. Eggs-egg yolks.
3. Fish- Hilda, shellfish, oysters.

Theme of calcarea group:

1. The main feeling of calcarea is the need for stability and security. Calcium offers protection not only to humans in the form of bone but also in earlier forms of life in the form of shell.

2. Calcium is like a young child who releases the instability in the outer world so feels the need for the security of a home.
3. Calcium and magnesium have emotional insecurity at their core, but the cause of insecurity is different.
4. The Calcium emotional insecurity is because of overprotective background, the Child feels insecure to take a risk, unable to take his own decisions.

Patho-Physiology:

1. Calcium must be maintained in normal proportion with different ions in the plasma like Na: K: Ca: Mg, which are in the ratio of 100:1.7:1.1:0.5.
2. Free calcium ions are very important in regulation of neuromuscular irritability and hormonal control. It regulates Acetylcholine.
3. Calcium action is parasympathetic more than sympathetic.
4. Calcium and phosphate ions precipitate an insoluble substance that favours calcification of cartilage into bone formation. Calcium ions stimulate parietal cells of the stomach, which secrete HCL. Therefore, though calcium being an alkaline earth metal, it is not used as an antacid in treatment of peptic ulcer. Calcium activates number of enzymes including pancreatic lipase, adenosine triphosphatase and myosin kinase.

Uterus:

Calcium increases the activity of the gravid uterus whereas it decreases the activity of the non-gravid uterus. During the premenstrual phase calcium is mobilized from the tissue depot and plasma Ca^{++} level rises relatively, causing vagus stimulation; resulting in increased secretion of gastric juice. This causes vagus neurosis (asthma and urticaria) before and during menses. Calcium ions get mobilized from calcium depots during acidic condition; which leads to osteoporosis. Calcium lowers cellular metabolism. It decreases cell permeability by thickening the cell membrane. It reduces the haemorrhagic tendency by thickening and contraction of blood vessels. It reduces response to reflexes. It depresses thyroid hormone action.

Hypocalcemia:

Causes:

Pancreatitis, hypo raised serum organic phosphate, hypoproteinemia, and acute magnesemia, hypofunction of thyroid and germinal glands, hypoparathyroid, excess. Fluoride salts, high doses of steroids.

Clinical symptoms and signs:

1. It increases neuromuscular irritability and vagus irritability.
2. During low calcium level, cardiac muscle contracts slowly, QT interval increases, bradycardia leading to death in diastole.
3. Hypo function or cystic degeneration of ovary, non-rupture of graafian follicles, defective formation of corpus luteum resulting in absence of menses; or too early or too profuse menses.
4. Carpal and pedal spasm, anxiety, seizures, broncho-spasm.

Hypercalcemia:

Causes:

Excessive skeletal calcium causes release.

Excessive absorption from the intestine.

Inadequate excretion of calcium from kidney.

Clinical symptoms and signs:

1. Gradual increase in anorexia.
2. Nausea
3. Vomiting
4. Constipation
5. Depression
6. Sleepy state

IMPORTANT REMEDIES:

1. Calcarea Arsenicum
2. Calcarea Bromatums
3. Calcarea Bromide
4. Calcarea Carbonicum
5. Calcarea Causticum
6. Calcarea Fluoricum
7. Calcarea Iodatum
8. Calcarea Iodide
9. Calcarea Muriaticum
10. Calcarea Phosphoricum
11. Calcarea Sulphuricum
12. Hepar Sulphuricum.

Hence we'll study further in detail CALCAREA ARSENICUM which however is the member of the calcium group.

COMMON CHARACTERISTICS FEATURES:

Sphere of action:

Muscles, tendons, ligaments, ducts, tubes, bones, blood and blood vessels, nerve cells and its axons, pleura, peritoneum and synovial membrane, connective tissue, endocrine glands, etc.

Ailments from:

Fright, grief, disappointed love, malnutrition, imperfect ossification, suppression of eruption, wear and tear, over lifting or straining, fracture, exposure to cold moist wind, work, in water, delayed labor, artificial milk and snake poison.

Constitution:

It has a hydrogenoid constitution. Person is bulky, fleshy and flabby but without fitness. There is no oedema or retention of water underneath the skin. Skin is fair, waxy and shiny. Fatness without fitness, sweat without heat, bones without strength. Everything is slow, sluggish and late at both mental and physical level. In children all milestones are delayed.

Temperament:

Leucophlegmatic

Thermal reaction:

Chilly Lack of vital heat and chilliness, yet craves cold food. It has profuse cold perspiration, and coldness of body general and local.

Miasm:

Sycotic, tubercular and syphilitic.

Common Characteristics Mental Symptoms:

1. Depression is the main feature of the calciums. Children are impetuous and obstinate.

2. Inability and aversion to work is a characteristic feature, loss of self-confidence, mental fatigue. Sensitive to harsh talks.
3. Confused state of mind with no solid decisions. Passive people with no humanity in them, ever for the sufferings of others.
4. He is intelligent but lack of implementation due to slowness and sluggishness at physical level leads to poor performance that does not fulfill his desire.
5. Obstinate, He is obstinate both mentally and physically. He has strong desire for company.
6. Dullness of mind. He is slow, sluggish, imbecile and indolent.
7. Calcareo persons are people who don't go out much; don't want any adventure in life. Rather they choose for themselves friends and partners who are protective and on whom they can depend.

Common Characteristics Physical Symptoms:

1. Obesity, Calcareo has a tendency for obesity. They are usually fat and flabby with laxated musculature.
2. Sluggishness, Calcareo are slow and sluggish in their work. Great inertia. Patient has Aversion to physical work.
3. Food desire: Undigested things like chalk, charcoal, pencil, slate, mud etc.; lemonade Egg, potato, sweet, and salt
4. Food aversion: Tobacco, coffee, milk and meat Milk aggravates.

Common General Modalities:

Aggravation: Cold in general-draft of cold air, cold food and cold drinks, change of weather, uncovering

Amelioration: Heat in general, rest, slow movement, lying on abdomen.

CLINICAL CONDITIONS:

Obesity
Oedema
Malnutrition
Imperfect ossification
Fractures
Osteoporosis
Anxiety
Seizures
Nausea
Constipation
Depression
Renal stone
Anorexia
Delayed labour

ARSENIC GROUP:

Definition:

Arsenic is an element, which appears in combination with heavy metals and their sulphides. The use of arsenic is still in vogue today; it is used in blood diseases, status of weakness with emaciation and skin diseases representing merely a limited section of the great domain of action, of this polychrest.

ATOMIC NUMBER- 33

ATOMIC WEIGHT- 74.96

CHARACTERISTICS FEATURES:

Constitution:

Weak and restless. The patient is lean, thin, debilitated having a Hippocratic face, dirty and waxy look of the skin.

Sphere of action:

Arsenic group acts on almost every part of the body especially the mind, head, blood, skin, respiration, heart etc. Main seat of action of Arsenic are on Mind, Nerves, Mucous membrane, Joints, Periosteum, Liver, Spleen, Lymphatics, Blood, Lungs, Skin, Stomach and Alimentary canal. Arsenic acts more promptly on non-vegetarians. It's just opposite to Nux Vom.

Miasm:

Psoric, Syphilis and Sycosis

Thermal reaction:

Chilly patient, There is internal chilliness and so the patient craves heat, excepting the outer head.

Diathesis:

Scrofulous diathesis

Characteristics Mental Symptoms:

1. Insecurity
2. Fear
3. Anxiety
4. Sadness
5. Restlessness
6. Fastidious
7. Prostration
8. Impulsive
9. Delusional

Characteristics Physical Symptoms:

1. Burning
2. Secretions and discharges
3. Offensiveness
4. Inflammation and gangrene
5. Haemorrhages
6. Chilliness
7. Asthma
8. Carcinoma

GENERAL MODALITIES:

Aggravation: Cold, cold drinks, head low, position better from heat, periodically after midday and mid night 12-2 a.m. / p.m, cold food, and drinks, exertion, lying on affected side with head low.

Amelioration: From heat in general (except head, which is temporarily relieved by cold), hot drinks, hot application, motion elevating the head, company and rest.

CLINICAL CONDITIONS:

Postpartum retention of urine, dropsy, diarrhoea, peptic ulcers, heartburn, multiple neuritis with paralysis, pellagra, insomnia, palpitations, fever, nail biting Asthma, Haemorrhages, Anxiety neurosis, carcinomas, psoriasis, female disorder.

SOURCE OF CALCAREA ARSENICUM:

Calcarea ars. is prepared by mixing calcarea and Arsenic. So in Calcarea ars. we get few symptoms of Calcarea carb, and few symptoms of Arsenicum album, e.g. the person is chilly, fatty, ailments occur during climacteric period, mental depression, weak heart Palpitation on ascending, etc., are the symptoms of Calcarea; whereas mental anxiety, chill, great weakness, etc. are the symptoms of Arsenic. Dr. Hering proved this drug on his own body.

Calcarea carbonica:

Source: Calcarea carbonica is derived from the middle layer of oyster shells (Conchiolin) and occasionally from calcium carbonate deposits. This substance is rich in calcium, an essential mineral for bone health and various metabolic functions.

Historical use: Historically, calcium carbonate has been used in traditional medicine to treat bone disorders, digestive Issues, and skin conditions.

Arsenicum Album:

Source:

Arsenicum album is derived from arsenic trioxide, a compound naturally occurring in minerals such as arsenopyrite, realgar, and orpiment. Arsenic trioxide is purified and diluted to create the homeopathic remedy.

Historical use: Arsenic has a long history of use in traditional and ancient medicine for its powerful effects on the body, both beneficial and toxic. In the 18th and 19th centuries, it was used in small doses to treat conditions like syphilis, fevers, and chronic infections.

REVIEW OF THE RELATED LITERATURE:

This chapter intended to go deep into the concept and significance of the topic from the opinion and finding of those who have already done some work in the field. These findings had helped us to signify the relevance of the topic and justified the objectives of the study. The work done by the different authors is given below.

1. A DICTIONARY OF PRACTICAL MATERIA MEDICA BY- JH CLARKE:

Arsenite of Lime. Tricalcic Diarsenite. $\text{Ca}_3(\text{AsO}_4)_4$ Trituration.

Clinical-Acidity. Albuminuria. Asthma. Cholera. Cirrhosis of liver. Constipation.

Consumption. Corpulency. Dropsy. Embolus. Epilepsy. Gastric a Headache. Heart disease of. Indigestion. Intermittent fever. Kidneys, actions of. Liver, affections of. Obesity. Palpitation. Pancreas, cancer of. Tusers. Typhoid.

Characteristics-Calc. ars. was prepared and proved by Hering in the 4th centesimal tincture in 1848. It has also been tested clinically. It has many head symptoms: Vertigo when moving the head. "Flying or swimming sensation; as if feet did not touch the ground; indescribably well; most wonderful visions pass before the eyes, manifold but lasting only a second; passing like lightning, but are infinitely much." Rush of blood to head before an epileptic attack. Epilepsy with heart disease. Weight on vertex, later on occiput. The headaches go from before backward: < mornings going out of back, or either side. > By mental exertion but after. < After itors: < on aspect opposite to the one lain on, whether front or slightest error in diet. Headache and palpitation are and >together. Violent pains over right eye; stitches in right forehead, recurring weekly. Head is hot. Delirium in the dark. Blue ring under eyes. Swelling of inguinal glands,

with tearing pains in legs General dropsical swelling, temples, face, backs of hands, with albuminuria. Drawing as with a thread from larynx backwards Burning and heat in chest feeling as if he would suffocate with palpitation; pains in heart region followed by shooting in back extending to feet and arms. Every fourth beat of pulse omits with great regularity. The fever symptoms are well marked-intermittent, remittent, hectic, and masked malarious. Chilliness is marked, originating inwardly, with a sensation as if skin and adjoining parts were hot. Chilly cramps over back towards arms and chest Night sweat after 3 a.m. Liver and spleen somewhat enlarged. It is the most efficient remedy, according to P. C. Majumdar, in the infantile enlarged liver and spleen of India. In albuminuria cases there is great sensitiveness of the kidney region. Cholera with im-peded respiration from heart embolism. Suited to lymphatic, scrofulous, and tuberculous persons; fat women, approaching the climaxis; fat persons; complaints of drunkards after leaving alcohol. It is a chilly medicine, the symptoms being in cold

weather; when out of doors. Graph. (obesity); Glo., Puls., Sep., Sul. (headache); Ars. (alcohol-Relations. Compare: Lith. c. (mental symptoms, palpitation); drinking); Nux (desire for wine); Ars., K. iod., Pho. (gastric ulcer); Ars., Ip. (asthma); Ars., Carb. v., Dig., Glo. and Lith. c. (heart). Anti-doted by: Carb. v. (palpitation); Glo. (headache); Puls. (headache, tearing pains in face). Compatible: Con., Glo., Op., Puls. Acts well in: Cases which have been heavily dosed with Quinine.

SYMPTOMS:

1. MIND. Depression and anxiety.-Delirium, evenings in the dark.-Slightest emotion causes palpitation of heart (Lith.).
2. HEAD. Vertigo on moving the head.-Rush of blood to head before an epileptic attack.-Digging, pressive beating through 1. half of head, from before backwards.-Headache over eye. Weekly headache.
8. MOUTH.-Lips dry. Tongue dry; burning on tip. Salivation with tasteless belching.-Sour taste.
- II, 12. STOMACH AND ABDOMEN. No appetite. Great thirst, but when she drinks too much, pain in belly and diarrhea ensue. Region of stomach distended.-Gastric ulcer with scanty menses.-Pancreatic disease (cancer); with burning pain and albuminuria. Enlarged liver and spleen in children. Swelling of inguinal glands with tearing pains in legs.
13. STOOL. - Diarrhea at midnight after sweet potatoes. - Looseness and colic also during pregnancy. for months Infantile diarrhea. Hard and difficult stool, Faintness; cold hands followed by a stool without relief.
14. URINARY SYSTEM.-Sensitive to pressure in kidney regions-Frequent micturition; burning with scanty urine; albuminuria.exertion and drinking wine: hands cold: faintness and stool without relief.
15. MALE SEXUAL ORGAN.-Pain in spermatic cords after great exertion and drinking wine: hands cold: faintness and stool without relief.
16. FEMALE SEXUAL ORGAN. During pregnancy, bearing-down, prolapsus vagine
17. RESPIRATORY ORGAN.-A kind of asthma; awakens soon after midnight. Drawing as with a thread from larynx backward, with headache; chest feels full.
19. HEART-Pains in heart region, burning and shooting, extending to arms and legs-constriction of heart; palpitation; with suffocation; synchronous with headache- palpitation and heart pains preceding epileptic attack.
20. NECK AND BACK-. Stiffness of neck, with headache, on waking in morning-Throbbing in back drives out of bed at night.-Violent backache between shoulders and sacrum; cannot straighten back.

21. UPPER LIMBS.- Lame pain as if beaten in 1. shoulder and arm.

23. LOWER LIMBS.- Pain in 1. knee of neuralgic character.- Weariness amounting to lameness in lower limbs.

26. SLEEP.- Sleepless, cannot bear to lie down. After 3 a.m. sleep-less, restless, and perspiring.

27. FEVER. Chilly crawl over back towards arms and chest; it originates always inwardly with a sensation as if skin and adjoining parts were hot.- Shuddering or shivering running over back; has sometimes gooseflesh, esp. at night, and is sleepless.- Fever in the afternoon with sensation as if abdomen were puffed up; much thirst for cold water and afterwards loss of appetite. -Heat in chest with palpitation.-Sweat after 3 a.m.

2. CALCAREA ARSENICOSA BY WILLIAM BOERICKE:

Epilepsy with rush of blood to the head before attack; aura felt in region of heart; flying sensation. Complaints in fat women around climacteric. Chronic malaria. Infantile enlarged liver and spleen. Nephritis, with great sensitiveness in the kidney region. Complaints of drunkards after abstaining (Carbon sulph). Fleishy women at climacteric, slightest emotion causing palpitation. Dyspnoea, with feeble heart. Chilliness. Albuminuria. Dropsy. Affections of spleen and mesenteric glands. Hemoglobin and red corpuscles are low.

MIND-Anger, anxiety. Desire for company. Confusion, delusions, illusions. Great depression.

HEAD-Violent rush of blood to head with vertigo. Pain in head is better by lying on the painful side. Weekly headache. Benumbing headache mostly around the ears.

STOMACH-Region of stomach distended. Enlarged liver and spleen in children. Pancreatic disease; relieves burning pain in cancer of pancreas. Belching with saliva and beating of heart.

URINARY-Kidney region sensitive to pressure. Albuminuria, passes urine every hour.

HEART-Constriction and pain in region of heart, suffocating feeling, palpitation, oppression and throbbing and pain in back extending to arms.

FEMALE-Offensive, bloody leucorrhœa. Cancer of uterus; burning pain in uterus and vagina.

BACK-Pain and stiffness near the nape of neck. Violent backache, throbbing, drives out of bed.

EXTREMITIES-Removes inflammatory products in veins of lower extremities. Weariness and lameness of lower limbs.

MODALITIES-Worse from slight exertion.

DOSE-Third trituration.

3. CALCAREA ARSENICOSA BY- JT KENT:

As this remedy is a chemical union of two well proved deep acting remedies it would most likely appear at once to the mind as a long acting remedy, well suited to many chronic diseases. In fact, it is deep acting enough to cure some of our most stubborn cases of epilepsy. It has made its record in this class of cases. Great mental and physical weakness Tremulous and paralytic weakness, Sense of lightness of the body as if floating in the air. Fainting spells. Epileptic convulsions where the aura is felt in the region of the heart. Marked lassitude. Pain and sinking in the region of the heart followed by spasms, Weakness, or vertigo, or more tary blindness. Convulsions with valvular disease of the heart. Evening and night aggravations are common. The patient is sensitive to cold-symptoms from ascending stairs. It has many burning pains like Arsenic. It has cured many cases of albuminuria in the early stages. It is a useful lack

of vital heat. Aversion to the open air. General physical anxiety. Many remedy in chlorosis. Dropsy is a strong feature, as it is in Arsenicum and Calcarea. Complaints are worse from slight exertion; faintness, palpitation, dyspnoea and weakness come on. The left side of the body is most affected

The following mental symptoms are often a guide to its use. Anger and complaints from anger and vexation. Anxiety in evening, at night, in bed, and during a chill, and on waking. Apprehensiveness; about the future, about his salvation, at night. Inclined to criticise. Desire for company. Confusion of mind on waking. Inability to concentrate the mind. Delusions. Sees dead people, phantoms, images. Illusions of fancy. Sees visions of fire. Discontented. Excitable. Fear of death at night, of solitude, or insanity. worse at night, and on closing the eyes. Despair of recovery, of salvation. Becomes indifferent to pleasure. Insanity. Irresolution. Irritable. Lamenting Loathing of life; weary of life. Weakness of memory. Mischievous. Obdurate. Sensitivity is easily offended. Extreme restlessness, especially at night, tossing about in bed; during heat; and during menses. Extreme sadness in the evening, and during fever. Easily startled. Timidity. Weeping, at night.

There is violent rush of blood to the head with vertigo and general spasm. It has caused and cured many chronic headaches. A very peculiar feature of the pain in the head is that it moves from the side line on and goes to the side not line on, and continues to change about by changing position. Not all of its headaches do this way. It has many peculiar little symptoms. Pain in the head ameliorated during mental exertion, but much worse afterwards. Edema of face, lids, temples and ears. Eczema of face and scalp. Coldness of head. Pale, sickly, bloated face. Fluent coryza. Sneezing. Loss of all desire for food, but thirst for cold water. Eructations and vomiting after food. Stomach easily disordered, especially after milk and cold food. Pain in stomach after drinking cold water, Load in stomach after eating. Pain in groin after drinking wine. Waterbrash and sour stomach. Anxiety and burning in stomach. Stitching pain in stomach. Gnawing pain in stomach. Distension of stomach and abdomen. It has cured gastric ulcer.

Much soreness in the region of the kidneys. Scanty, burning urine, contains albumin and casts. Pain in the spermatic cords, after exertion, and after drinking wine.

Excoriating yellow leucorrhoea. Offensive, bloody leucorrhoea. For offensive leucorrhoea it compares with kali ars. and kali phos. It is useful in cancer of the uterus when there is burning and acrid offensive bloody How. It restores the menstrual flow, when the symptoms agree. Copious menstrual flow, or scanty flow, too frequent and protracted. Pain at the

approach of the menses. Metrorrhagia. Burning pain in uterus and vagina. Drawing as with a thread from the larynx backward. Dryness in larynx. Lives the voice before an epileptic convulsion. Suffocation and palpitation

at night in bed. Burning heat in chest and pain in region of heart before epileptic convulsion. Orgasm of blood in the region of the heart. Throb-ling in the blood vessels, especially in head and back; it drives him out of bed. Pain in heart with palpitation. Angina pectoris. Grasping pain in heart. Palpitation, with heat of face. Palpitation from least excitement or exertion; worse evening and night. Every fourth heat of the pulse is omitted. Rapid pulse.

Violent headache between scapulæ and sacrum. Pain in back extends to the arms. Pain in the chest extends to the arms. Edema of the hands and feet. Weakness of lower limbs.

Sleep is disturbed by violent dreams. Palpitation and suffocation. Latter part of the night was wakeful, and much sweat.

If this wonderful remedy is studied with the mind on Arsenicum and Calcarea, a broader knowledge will be gained. It needs further proof of its potencies.

4. CALCAREA ARSENICOSA BY- HC ALLEN:

Constitution:

Complaints of drunkards, after abstaining, craving for alcohol (Asar., Sul-ac.).

Complaints of fleshy women when approaching the menopause.

Mental Generals:

Great mental depression.

The slightest emotion causes palpitation of the heart (Lith-c.).

Cardio-vascular system:

Rush of blood to head and left chest (Aml-n., Glon.).

Nervous system:

Epilepsies from valvular diseases of the heart.

Relation:

Compare: Con, Glon., Lith-c., Puls., Nux-v.

Follows well: After, Conium, in lymphatic, psoric or tuberculous persons.

5. CALCAREA ARSENICOSA FROM: THE SOUL OF REMEDIES BY- RAJAN SHANKARAN:

Calcarea arsenicosa is a mineral remedy of the cancer miasm. In Arsenicum there is a feeling: "I need people but I cannot trust them - they may rob me". The patient cannot trust anyone. In Calcium there is a need for security and support. Therefore, we see in Calcarea arsenicosa a person who feels insecure as well as mistrustful. In Calcarea arsenicosa the need for people is almost a dependence, and this along with the mistrust, makes him highly anxious and insecure. He feels: "I may be cheated, let down (mistrustful -Arsenicum) be the people on whom I depend for protection (Calcium)".

Calcarea arsenicosa is full of anxiety, extremely insecure. I had a case of a menopausal woman who came with the complaint of severe palpitation, which came on from the least anxiety, fright or bad news. She had a son and a daughter. The son went abroad and she got the feeling that he might never come back. All her complaints were worse when he left, especially after her husband fell ill.

She felt that her future source of support (in case her husband died) had become untrustworthy. This created extreme anxiety in her, and she would call her son over the phone every week. I gave her Calcarea arsenicosa on these features of mistrust and insecurity. Also Phatak's Materia Medica gives: "Complaints of fat women around the climacteric, when the least emotion causes palpitation".

Later, they may become extremely sad (Kent's Lesser Writings).

In the compensated state, Calcarea arsenicosa may be very careful and cautious. He is very independent.

Physical symptoms

- Chilly patient.

- Palpitation from least emotion.

- Breathlessness on ascending.
- Desires soup.

METHODOLOGY:

Methodology of this research is purely historical which is based on the writings' relevance in books, journals and encyclopaedia. The matter is collected from the different materia medicas, journals, old newspapers and articles published in magazines. The accidental finding is one of the important sources of our data. All the information used was earlier clinically verified by our master SAMUEL HAHNEMANN and other homoeopathic physicians.

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