

# An Updated Review of Biomimetic Materials for Restorative Dentistry.

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## Abstract-

Over the past decade, biomimetic materials have advanced rapidly, with novel materials entering the market. These materials attempt to preserve tooth structure, restore general health, and improve treatment predictability. This review article explores biomimetic materials used in restorative dentistry.

## Introduction-

All human inventions and achievements that have advanced dentistry, are inspired by nature. In an attempt to restore the natural tissues of the body, various materials have been introduced into the market over the years. The term biomimetic is derived from two Latin words – “bios” meaning life and “mimetic” meaning imitating or inspired by.[1] The term was first coined by Otto Schmitt in 1969[2] and can be defined as –“the study of formation, structure or function of biologically produced substances and materials and biological mechanisms and processes, for the purpose of synthesizing similar products by artificial mechanisms that mimic natural structures”. [3] In restorative dentistry, these materials primarily aim at replacing two tissue layers – enamel and dentin.[3,4] Each material aims at achieving either “dentin like” or “enamel like” properties but cannot replace both as these tissues differ significantly in their composition, mechanical properties, and characteristics. Requirements of a biomimetic material are [3] – 1. It should be biocompatible 2. It should be synthetic in origin 3. It should mimic biology 4. It should bond with natural structure 5. It should not elicit any undesirable biological responses Taking all the above factors into consideration, various biomimetic materials have been introduced into the market in an attempt to replace enamel and dentin.

## 2. GLASS IONOMER CEMENT [3]

Glass Ionomer Cement (GIC) is a tooth-coloured material used extensively in restorative dentistry. It was first introduced by Wilson and Kent in 1972. The material is based on a reaction between silicate glass powder and polyacrylic acid which chemically bonds to the tooth substrate and releases fluoride over time. It is also known as “man-made dentin” or “dentin replacement” material. Biomimetic Properties

- ♣ Modulus of elasticity is similar to that of dentin
- ♣ Fluoride release properties
- ♣ Fluoride recharge
- ♣ Aesthetics

### **3. NANO-HYDROXYAPATITE/ YTTRIUM STABILIZED ZIRCONIA /“WHITE AMALGAM”[4]**

Yttria-stabilized zirconia (YSZ) is a ceramic in which the cubic crystal structure of zirconium dioxide is made stable at room temperature by an addition of yttrium oxide. The incorporation of Nano Hydroxyapatite along with Yttrium Stabilized Zirconia in conventional GIC has shown to have superior properties. Biomimetic Properties

- ♣ Superior hardness
- ♣ Chemical inertness
- ♣ Increased modulus of elasticity
- ♣ Decreased dissolution of cement

### **4. FIBER REINFORCED GIC/PRIMM [4]**

A continuous network/scaffold of alumina and SiO<sub>2</sub> ceramic fibers is referred to as the PRIMM CONCEPT (Polymeric rigid inorganic matrix material). Glass particles are liquified to form molten glass which is forced through a die to form thin strands of glass fibers. These glass fibers are then crushed into small fragments and then reheated to a sufficient temperature to cause a superficial fusion of glass fibers at selected sites. This forms a continuous network of small cavities. These spaces are then infiltrated with an optimized resin (BIS-GMA/UDMA). Biomimetic Properties

- ♣ Higher level of cross linking
- ♣ Increased strength masticatory forces be to withstand
- ♣ Decreases the total amount of composite to used and hence decreased polymerization shrinkage stresses

### **5. CERAMICS [4]**

These are glass based non-metallic materials made from firing at high temperatures. Their application in dentistry is extensive and can be attributed to their biomimetic properties especially as an enamel replacement.

Biomimetic Properties

- ♣ Highly aesthetic and long term colour stability
- ♣ High wear resistant
- ♣ High biocompatibility

- ♣ Impervious to oral fluids

## **6. POLYMERS [4]**

These are restorative resins used extensively in dentistry and range from bonding agents to adhesive composite resins.

Biomimetic Properties

- ♣ Biocompatible
- ♣ Possesses good mechanical properties
- ♣ Esthetics, increased hardness, wear resistance and longevity

## **7. BIOGLASS®/BIOACTIVE GLASS [5]**

These are silicate based materials that have similar composition to hydroxyapatite. The form strong bonds with the hard tissues containing HA such as enamel, dentin, cementum and bone.

Bioactive Properties

- ♣ Similar composition to bone causes complex bonds with mineralized tissue
- ♣ Has to ability to Induce tissue mineralization at the glass tissue interface

## **8. NANO HYDROXYAPATITE [5]**

Nano hydroxyapatite coatings are used to make biomaterials more biocompatible. Due to their nano size, they have two main properties – osteoconduction and enhancing biocompatibility.

Bioactive Properties

- ♣ Bridge formation by Osteoconductive property
- ♣ Bioactive properties due to its non-toxic and non-inflammatory nature

## **9. CALCIUM HYDROXIDE [5]**

Calcium hydroxide cements are used for lining specific areas of deep cavities or for direct pulp capping. The antibacterial action of calcium hydroxide makes these cements useful in indirect pulp-capping procedures involving carious dentin.

Bioactive Properties

- ♣ Dissociates into calcium & Hydroxyl ions
- ♣ Ca ion  $\diamond$  ↓ capillary permeability
- ♣ Hydroxyl ions  $\diamond$  neutralize acid produced by osteoclasts

- ♣ Antimicrobial activity: damage to bacterial cytoplasmic membrane, protein denaturation and damage to DNA
- ♣ Mineralization activity: formation of the calcified barrier results in a superficial layer of necrosis. This layer induces an inflammatory response 2mm below the necrotic layer and stimulates the “dentin bridge formation”

## **10. MINERAL TRIOXIDE AGGREGATE/ MTA [5]**

This revolutionary cement was first introduced by Mahmoud Torabianajad in the year 1993. This is an aggregate of mineral oxides added to “trioxides” of tricalcium silicate, tricalcium aluminate, and tricalcium oxide silicate oxide.

### Bioactive Properties

- ♣ Initial pH of 10.2 which increases to 12.5 after three hours- antibacterial effect and encourages differentiation of undifferentiated odontoblasts in the pulp tissue
- ♣ Induces cytologic & functional changes within pulpal cells resulting in the formation of fibrodentin and reparative dentin
- ♣ Causes proliferation, migration and differentiation of odontoblast like cells that produce collagen matrix which mineralizes after deposition of hydroxyapatite crystals
- ♣ Induces “dentin bridge formation” without the production of superficial layer of necrosis
- ♣ Hydrophilic in nature – easy to adapt to tooth substrate

## **11. BIODENTINE [7]**

Biodentine is a calcium-silicate based material that has drawn attention in recent years and has been advocated to be used in various clinical applications, such as root perforations, apexification, resorptions, retrograde fillings, pulp capping procedures, and dentine replacement. As compared to MTA, it has a shorter setting time and better handling characteristics.

### Bioactive Properties

- ♣ It has a positive effect on vital pulp cells and stimulates tertiary dentin formation.
- ♣ In direct contact with vital pulp tissue it also promotes the formation of reparative dentin.

## **12. ENDOSEQUENCE [7]**

Endosequence is a calcium silicate based endodontic sealer by Brassler®. Due to its availability as a uniform putty, it is also an ideal material for direct pulp capping procedures.

### Bioactive Properties

- ♣ Setting occurs in the presence of moisture present in the dentinal tubules
- ♣ Survival and proliferation of dental pulp cells is similar to that with MTA

♣ Hydration reaction containing monocalcium phosphate resulting in formation of hydroxyapatite

### **13. BIOAGGREGATE [8]**

This is a bioceramic material composed of calcium silicate, aluminium free, ceramic nano particles, produced as an alternative to MTA.

Bioactive Properties

♣ Induce mineralization & odontoblastic differentiation associated gene expression in human dental pulp cells

### **14. CEM (CALCIUM ENRICHED MIXTURE)/NEC (NOVEL ENDODONTIC CEMENT) [8]**

Calcium-enriched mixture cement is composed of different calcium compounds, that is, calcium phosphate, CH, calcium sulfate, calcium silicate, calcium chloride, calcium carbonate and calcium oxide. CEM cement is a white powder consisting of hydrophilic particles that sets in the presence of the water base solution.

Bioactive Properties

♣ Releases both calcium and phosphorous ions leading to hydroxyapatite formation

### **15. CALCIUM PHOSPHATE [7] AND TETRA CALCIUM PHOSPHATE (TTCP) [8]**

Applications are calcium phosphates, because their chemical composition is very similar to that of the mineral phase in human teeth, especially of natural enamel.

Bioactive Properties

♣ Osteoconductive -induces bridge formation

♣ Remineralization of early carious lesions

### **16. THERACAL [9]**

This is a light cured resin modified calcium silicate (containing calcium hydroxide). It is extensively used as a pulp capping agent.

Bioactive Properties

♣ Dissociates into calcium & Hydroxyl ions

♣ Ca ion  $\diamond$  ↓ capillary permeability

♣ Hydroxyl ions  $\diamond$  neutralize acid produced by osteoclasts

### **17. CASTOR OIL BEAN CEMENT [10]**

This is the triglyceride of ricinolein acid (derived from Ricinus communis).

Bioactive Properties

- ♣ Promotes tissue regeneration – concentration of growth factors like IL-6, TNF-  $\beta$

### **18. MTYA1-CA [11]**

This is a newly developed resinous direct pulp capping agent containing calcium hydroxide. The powder of MTY1-Ca is composed of 89.0% microfiller, 10.0% calcium hydroxide and 1.0% benzoyl peroxide and was mixed with liquid (67.5% triethyleneglycol dimethacrylate, 30.0% glyceryl methacrylate, 1.0% o-methacryloyl tyrosine amide, 1.0% dimethylaminoethylmethacrylate, and 0.5% camphorquinone).

Bioactive Properties

- ♣ Resin based direct pulp capping agent
- ♣ Dentine bridge formation without formation of a necrotic layer.

### **19. DOXADENTCAC (CALCIUM ALUMINATE CEMENT) [12]**

This is an alternative to amalgam and resin composite introduced in an attempt to decrease the use of amalgam due to mercury toxicity to the environment. Mainly used in pediatric restorations – posterior restorations(class 1, 2) and class 5. Doxadent are available as tablets together with the liquid and the packing instrument.

Bioactive Properties

- ♣ Considered an alternative to amalgam
- ♣ Water dissolves calcium aluminate to release  $\text{Ca}^{2+}$ ,  $\text{Al}(\text{OH})_4^-$ , and  $(\text{OH})^-$  ions which is followed almost immediately by precipitation of new solid phases due to saturation of the solution. Crystalline growth takes place.
- ♣ Setting expansion of 0.05% -1% leads to elimination of possible gaps.

### **20. HX-BGC [13,14]**

This is a new strontium doped bioactive glass that releases fluoride on demineralized enamel and dentin.

Bioactive Properties

- ♣ Property of occluding dentinal tubule.

### **21. RESIN IMPREGNATED WITH TITANIUM OXIDE [15]**

Due to the long-term synergistic effects of acid producing bacteria and fermentable carbohydrates in the oral environment, the antimicrobial activity of the composite resin is highly desirable in clinical applications. Due to the long-term synergistic effects of acid producing bacteria and fermentable carbohydrates in the oral environment, the antimicrobial activity of the composite resin is highly desirable in clinical applications.

Bioactive Properties

♣ Titanium Dioxide impregnated in dental monomers and dentin result in hydroxyapatite formation.

## **22. ENAMEL MATRIX DERIVATIVE EMDOGAIN [16]**

EMD is an extract of enamel matrix is an extract of porcine fetal tooth material used to biomimetically stimulate the soft and hard tissues surrounding teeth to regrow following tissue destruction. It contains amelogenins of various molecular weights. Amelogenins are involved in the formation of enamel and periodontal attachment formation during tooth development.

### **Bioactive Properties**

♣ Promotes odontoblast differentiation and reparative dentin, cementum, attachment fibres formation

♣ Promotes the regrowth of hard and soft tissues lost during periodontal disease.

## **23. KEPIVANCE - KGF-2 [17]**

Keratinocyte growth factor is a proposed growth factor that can be used in dentistry in an array of treatments from oral sores to regenerative endodontics. It is still in the in-vitro stage of experimental trial and has proved to successfully promote epithelial growth.

### **Bioactive Properties**

♣ Acts by stimulating cell growth, proliferation, differentiation, and upregulation of cytoprotective mechanisms.

## **24. JUVISTA: TGF-B3 [18]**

This growth factor is available in the form of TGF-β3 containing alginate hydrogels.

### **Bioactive Properties**

♣ Improves natural regenerative capacity of the pulp: induce odontoblast-like cell differentiation with subsequent secretion of regular tubular dentin matrix on cut pulpal surfaces

## **25. BMPs [19]**

Bone morphogenic proteins (BMPs) are a group of osteoinductive proteins obtained from nonmineralized bone matrix; they are capable of stimulating the differentiation of pluripotent mesenchymal cells to osteoprogenitor cells. rhBMP-2 is the most widely used in dentistry and is mainly used in oral surgery. Due to its regenerative properties, the Bioactive Properties

♣ Bone formation - chemotaxis of progenitor cells;

♣ Proliferation of mesenchymal cells;

♣ Differentiation of cartilage;

- ♣ Vascular invasion;
- ♣ Differentiation, mineralization, remodeling of bone due to its osteoconductive properties

## **26. CALCIUM SULPHATE [20]**

Calcium sulfate has a long history of use in medicine and dentistry. It exists in two forms (alpha and beta), which differ greatly in physical properties. It has been used in bone regeneration as a graft material and graft binder/extender and as a barrier in guided tissue regeneration.

**Bioactive Properties** Excellent biocompatibility with bone due to its similar chemical composition

## **27. CERAMIR [21]**

Ceramir is a Calcium aluminate cement with GIC. The material consolidates through its reaction with water, first dissolving and then re crystallizing as nanocrystalline hydrates. This reactions creates a unique type of bond between material and tooth (as well as the restoration material) built on surface energy and mechanical interlocking at the nano-level as well as providing an alkaline pH.

**Bioactive Properties**

- ♣ High alkaline pH after setting – antibacterial properties
- ♣ Production of excess calcium ions promotes regeneration

## **28. ACTIVA BIOACTIVE – PULPDENT [22]**

A composite resin which is ionic in nature (called embrace resin – patented technology) matrix (free of Bisphenols, Bis-GMA and BPA derivatives). Bioactive resin matrix - shock absorbing resin component and BAG fillers - similar properties of tooth

- ♣ Release more fluoride than glass ionomer cement as well as calcium and phosphate
- ♣ Stimulates mineral apatite formation and natural remineralization
- ♣ “Smart” material - reacts to the continuous pH changes in the mouth to help fortify and recharge the ionic properties of saliva, teeth and the material itself.

## **29. SIMVASTATIN [23]**

Simvastatins are a type of statins that aid in protein formation and regeneration. The use of statins in restorative dentistry is still a niche field and is still in the experimental stages but has shown positive results in secondary dentin formation.

**Bioactive Properties**

- ♣ Statin has multiple functions including anti inflammation, induction of angiogenesis and improvement of the vascular endothelial cell function



♣ Have anabolic effects on bone metabolism by promoting mineralization in non mineralizing osteoblasts through induction of BMP-2 and osteocalcin

♣ They promote osteoblastic differentiation in mouse osteoblastic cells.

### **30. BIOENGINEERED TOOTH [24,25]**

A bioengineered tooth is an embryonically generated tooth bud in which a patient's own germ cells are extracted and cultured in vitro to generate a tooth bud. This bud is implanted into the jaws. The tooth bud then follows the natural pathway of tooth development and erupts into the oral cavity. This has been successfully performed in animals such as pigs and rats. A bilayered hydrogel human tooth bud has been successfully generated as well. This is the future of single tooth replacement and may even overcome the shortcomings of dental implants.

#### **Bioactive Properties**

♣ Tooth is 100% biocompatible as it is derived from the patient's own stem cells

♣ Best replacement for a missing tooth

♣ Can be erupted into the jaws by implanting the follicle into the jaws.

### **31. CONCLUSION**

There has been a tremendous progress in the evolution of dental materials over the past 100 years. The epitome of these advances in the emergence of translational medicine which collectively is regenerative medicine, tissue engineering and biomimetic sciences. What first started as tooth substance loss replacements such as amalgam and cast metal then became dentin replacements such as GIC. The materials then progressed to materials that can control the bleeding of the pulp, produce a soothing effect on the pulp and disinfection of the tissue. The science of biomimetic dentistry is an evolving one. Research and evidence-based dentistry have opened newer doorways to bring out the latest advances in materials. The currently available materials have proved to improve long term success of restorations by replacing lost tissue layers with dentin like and enamel like materials. The science of biomimetic innovation however has taken a new tangent in restorative dentistry with its focus changing from replacement to regeneration. The introduction of MTA by Mahmoud Torabinajed was the start of the regenerative revolution in dentistry. These materials are a boon to dentistry due to their regeneration potential. The stimulation of growth factor production, differentiation of progenitor pulp cells, anti-inflammatory properties and antibacterial properties are mechanisms through which these materials impart effect. Utilization of the regenerative capacity of the pulp to induce secondary dentin formation is the key to success. It is of utmost importance that one has a thorough knowledge of the materials, their indications and mechanism in which they impart biomimetic properties. Incorporation of these materials into routine practice as an adjunct to conventional treatment modalities will enhance favorable clinical outcomes of restorative treatments.

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