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#### MARTIN LUTHER KING JR AND THE IDEOLOGY OF NON-VIOLENCE

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#### **Abstract:**

This article explores Martin Luther King Jr.'s deepening commitment to nonviolence, examining his philosophical journey and the transformative impact of a 1959 trip to India, where he connected intimately with Mahatma Gandhi's legacy. King's advocacy for nonviolence extended beyond racial justice to a global scale, driven by his recognition of the destructive potential of modern weapons. Despite King's resolute commitment, the author notes the contemporary prevalence of routine, public, and gruesome violence, challenging his vision for a nonviolent society. The stark dissonance between King's ideals and the current reality underscores persistent societal challenges. Elected leaders' responses, marked by thoughts and prayers rather than substantive action, compound the issue, leaving communities feeling helpless.

**Keywords:** Martin Luther King Jr., nonviolence, racial justice, global advocacy, systemic inequalities, Civil Rights Movement

Martin Luther King Jr., a towering figure in the American civil rights movement, is perhaps best known for his unwavering commitment to the ideology of non-violence. His advocacy for civil rights, equality, and justice was deeply rooted in the teachings of Mahatma Gandhi and the principles of nonviolent resistance. Throughout his life, King consistently championed non-violence as a powerful force for social change, challenging deeply ingrained racial segregation and discrimination in the United States.

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King's journey into the realm of non-violence was shaped by both personal experiences and intellectual influences. Raised in a deeply religious family, King was exposed to the teachings of Christianity, particularly the Sermon on the Mount, which emphasized love, forgiveness, and the turning of the other cheek. These values became integral to King's understanding of non-violence, providing a moral and spiritual foundation for his

In his first book, "Stride Toward Freedom," and subsequent writings, King articulated a nuanced understanding of non-violence as a courageous confrontation of evil through the power of love. King's introduction to the concept of non-violence occurred during his freshman year at Morehouse College when he encountered Henry David Thoreau's "Essay on Civil Disobedience."

Growing up in Atlanta, where the harsh realities of segregation and racism were part of his daily life, King found himself captivated by the idea of refusing to cooperate with an unjust system. This initial exposure planted the seeds of a philosophy that would later become central to his activism.

Further shaping King's commitment to non-violence was a pivotal moment during his time as a student at Crozer Theological Seminary in 1950. At that time, he attended a talk by Dr. Mordecai Johnson, the president of Howard University, who had recently returned from India and shared insights into the life and teachings of Mahatma Gandhi. Gandhi's philosophy, particularly his emphasis on love and non-violence, resonated deeply with King. He recognized in Gandhi's approach the transformative power of

activism.

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Christian love harnessed for social change. Gandhi's methods provided King with the missing piece of the puzzle, the method for social reform that he had been seeking.

King's formulation of non-violence as "true pacifism" or "nonviolent resistance" underscores the depth of his commitment to this ideology. He saw it as a courageous and morally potent response to the evil of oppression. For King, the Christian doctrine of love, when combined with the Gandhian method of non-violence, became one of the most potent weapons available to oppressed people in their struggle for freedom.

The intertwining of Christian principles with the Gandhian approach became a cornerstone of King's theological and philosophical framework. He believed that non-violence was not only a pragmatic strategy for achieving social change but also a morally imperative response to injustice. The fusion of Christian love and non-violent resistance, as articulated by King, represented a powerful synthesis that he applied strategically in the civil rights movement.

King's journey to non-violence was deeply personal, grounded in his observations of racial injustice and his intellectual exploration of philosophical and theological ideas. It was a pilgrimage marked by a profound commitment to love as a force capable of confronting and transforming evil. Through his writings and speeches, King sought to articulate the moral and practical dimensions of non-violence, emphasizing its potency as a tool for oppressed people striving for freedom.

Martin Luther King Jr.'s theological reflections on non-violence reveal a profound synthesis of Christian teachings and Gandhian principles. His understanding of non-violence as a courageous confrontation of evil through the power of love speaks to the



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transformative potential of these ideas in the face of social injustice. King's commitment to non-violence was not merely a strategic choice; it was a moral imperative that defined his role as a theologian and a leader in the fight for civil rights.

However, King's encounter with the philosophy of non-violence did not end with his religious upbringing. The influence of Mahatma Gandhi, the leader of India's non-violent struggle for independence, played a pivotal role in shaping King's commitment to peaceful resistance. Gandhi's philosophy of satyagraha, or truth-force, emphasized the transformative power of love and non-violence in challenging oppressive systems. King, drawing inspiration from Gandhi, saw non-violence as a potent weapon to combat racial injustice in the United States.

King's application of non-violence in the civil rights movement was strategic and deliberate. He believed that non-violence was not a passive acceptance of injustice but a powerful force that could confront and transform oppressive systems. In his famous "Letter from Birmingham Jail," written in 1963, King defended the use of non-violent direct action as a means of creating tension and forcing society to confront the moral implications of segregation. He argued that non-violence, far from being a weak or cowardly approach, required immense courage and strength to endure the physical and emotional challenges posed by those who resisted change.

One of the key elements of King's non-violent philosophy was the concept of "soul force." He believed that by appealing to the moral conscience of individuals and society, non-violent action could awaken a sense of empathy and justice. King's commitment to love as a central tenet of non-violence was evident in his belief that hate could not drive

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out hate; only love could do that. This emphasis on love as a transformative force became a hallmark of King's philosophy, resonating not only with the African American community but also with people of all races and backgrounds who sought justice and equality.

The non-violent campaigns led by King, such as the Montgomery Bus Boycott and the Birmingham campaign, were marked by a disciplined adherence to non-violent principles. Participants were trained in non-violent resistance, learning to endure verbal and physical abuse without retaliating. This strategic discipline aimed not only to maintain the moral high ground but also to expose the brutality of segregationist forces, thereby garnering support for the civil rights cause.

King's commitment to non-violence faced its most severe test during the Selma to Montgomery marches in 1965. The brutal violence unleashed by state troopers on peaceful marchers shocked the nation and the world. In the face of such brutality, King and his followers adhered to their commitment to non-violence, showcasing remarkable restraint and courage. The events in Selma brought national attention to the urgent need for federal legislation to protect the voting rights of African Americans and ultimately led to the passage of the Voting Rights Act of 1965.

In the years following the Montgomery Bus Boycott, Martin Luther King Jr.'s commitment to nonviolence deepened, evolving into a central pillar of his philosophy and activism. His journey toward a more profound understanding of nonviolence reached a significant milestone during a transformative trip to India in 1959, where he immersed himself in the legacy of Mahatma Gandhi, the pioneer of nonviolent resistance. This

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experience marked a turning point for King, expanding his advocacy for nonviolence beyond national borders and recognizing its global significance.

King's internationalization of the nonviolent movement aligned with his broader vision of a beloved community characterized by justice, equality, and solidarity. He saw nonviolence as not merely a tactic for achieving civil rights within the United States but as a universal principle with the power to transform societies globally. King's advocacy for nonviolence as a response to the existential threats of the modern world reflected his conviction that the principles, he had learned from Gandhi could guide humanity away from the brink of self-destruction.

While King's advocacy for non-violence was instrumental in advancing the cause of civil rights, it also exposed him to criticism and opposition. Some within the African American community and the broader civil rights movement argued for more confrontational and militant approaches. However, King remained steadfast, arguing that non-violence was not only morally superior but also strategically effective in achieving lasting social change.

The legacy of Martin Luther King Jr. and his commitment to non-violence extend far beyond the civil rights era. His influence can be seen in subsequent movements for justice and equality, including the anti-apartheid struggle in South Africa and the global movement for human rights. King's teachings on non-violence continue to inspire individuals and movements around the world, serving as a testament to the enduring power of peaceful resistance in the face of injustice.

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Martin Luther King Jr.'s ideology of non-violence was a cornerstone of his leadership in the American civil rights movement. Influenced by his Christian upbringing and the philosophy of Mahatma Gandhi, King saw non-violence as a transformative force that could challenge and dismantle systems of racial oppression. His strategic application of non-violent resistance, marked by discipline and moral courage, played a pivotal role in advancing the cause of civil rights in the United States.

In one of his final essays, Martin Luther King Jr. underscored his unwavering commitment to nonviolence, viewing it not merely as a strategy for the struggle for racial justice but as a comprehensive philosophy that governed his interactions with individuals and with himself. His dedication to nonviolence went beyond the external struggle against racial oppression; it became a guiding principle for personal conduct, emphasizing the cultivation of love and genuine concern for the well-being of others.

From the outset of his campaign against racial injustice, King emphasized the social consequences of nonviolence. He argued that beyond its role in challenging oppressive systems, nonviolence required individuals to engage in an internal struggle to replace any latent "spirit of violence" with a commitment to love and genuine care for others. This internal transformation, according to King, was crucial in the broader fight against the defenders of injustice. It was a call to replace animosity with empathy and hostility with understanding, fostering a collective ethos of compassion and justice.

Even in moments of pessimism, King maintained hope in the power of collective nonviolent action. He envisioned it as a force that could avert national disaster, foster a "new spirit of class and racial harmony," and contribute to the creation of "another



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luminous moral chapter" in the history of the United States. King's optimism was rooted in the belief that nonviolence when embraced collectively, could serve as a transformative and redemptive force capable of addressing deep-seated social injustices.

However, more than half a century after King's assassination, the reality paints a starkly different picture. Violence has become not only routine but also public, gruesome, callous, and spectacular. Incidents involving the use of weapons to inflict harm on innocent lives, including children, have left indelible marks of trauma on communities. The normalization of violence has led to a sense of helplessness and impotence in the face of its pervasive and cruel manifestations.

King's hope for a society marked by a "new spirit of class and racial harmony" seems challenged by the continued prevalence of violence. Elected leaders offering thoughts and prayers, rather than concrete proposals to address the root causes of this violence, further compound the issue. The toll of lives lost and families shattered persists, and the proliferation of guns continues unabated.

The dissonance between King's vision of a nonviolent society and the current reality underscores the complex and enduring challenges facing efforts to curb violence and injustice. It prompts reflection on the factors contributing to the persistence of such issues, including systemic inequalities, inadequate policies, and a societal desensitization to the consequences of violence.

Martin Luther King Jr.'s commitment to nonviolence as both a social and personal philosophy reflected his belief in the transformative power of love and compassion. His vision for a society marked by racial harmony and collective nonviolent action



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articulated in his final essays, remains an aspirational goal. However, the ongoing prevalence of violence, particularly in public and spectacular forms, challenges this vision, highlighting the need for sustained efforts to address the root causes of societal discord and to recommit to the principles of justice and nonviolence that King championed.

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