

Comparative Study by Using Different Numerical Technique for Mathematical Model for Protein Friction and Simulation Code for Cytoskeleton Networks

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Abstract

The cellular cytoskeleton is a complex, multiscale network of biopolymers that provides structural integrity and drives cellular motility. Understanding its mechanical behavior requires decoding phenomena such as protein friction, viscoelasticity, and entropic force generation. This paper provides a comparative study of the various numerical techniques and mathematical models used to simulate cytoskeletal networks and cellular mechanics. We evaluate the spatial and temporal bridging of Fully Atomistic Molecular Dynamics (MD), Coarse-Grained Molecular Dynamics (CGMD), Dissipative Particle Dynamics (DPD), and continuum poroviscous models. By introducing specific governing equations—such as the over-damped Langevin dynamics for protein unfolding, the Navier-Stokes formulations for mesoscale fluid dynamics, and the Kelvin-Voigt viscoelastic model for stick-slip cell crawling—this paper synthesizes how these distinct mathematical frameworks decode the intricate mechanotransduction and structural deformation of eukaryotic cells.

Keywords: Cytoskeleton Networks, Protein Friction, Mathematical Modeling, Molecular Dynamics, Dissipative Particle Dynamics, Cytosim, Viscoelasticity.

1. Introduction

The cellular cytoskeleton is an extraordinarily complex, highly dynamic network of biopolymeric filaments—principally comprising actin microfilaments, microtubules, and intermediate filaments—that serves as the fundamental structural scaffolding of eukaryotic cells. This network dictates the physical morphology of the cell, facilitates intracellular transport, and provides the mechanical forces required for cellular locomotion, division, and mechanotransduction. Understanding the mechanical behavior of this extensive network requires the precise decoding of interactions spanning multiple spatial and temporal scales, from the atomistic unfolding of individual protein structures to the macroscopic rheological properties of the entire cell mass. A critical, yet historically underappreciated, element governing these multiscale mechanics is the phenomenon of protein friction. Protein friction dictates how cytoskeletal filaments slide past one another, how they interact with transient crosslinking proteins, and how they tether to the enclosing lipid bilayer. Friction at the molecular and mesoscopic levels manifests as the resistance to sliding, the dissipation of thermodynamic energy during protein unfolding, and the generation of entropic forces within spatially confined geometric overlapping regions.

Historically, the structural remodeling of the cytoskeleton and the generation of internal cellular forces were considered to be driven almost exclusively by active processes consuming

chemical energy, primarily through the hydrolysis of adenosine triphosphate (ATP) by molecular motor proteins such as myosin, kinesin, and dynein. However, an extensive body of experimental and theoretical frameworks developed up to the year 2020 has revealed that passive mechanical phenomena—including entropic expansion, asymmetric friction, and viscoelastic stick-slip dynamics—are equally foundational to the self-organization of the network and the transmission of cellular forces (Pritchard et al., 2014). The mechanics of biological networks extend from the highly transient polymer networks of the cell cytoskeleton directly to the macroscale properties of connective tissues, highlighting the necessity of understanding fundamental biophysical properties like non-affine deformations in semiflexible biopolymer networks (Hatami-Marbini & Mofrad, 2014).

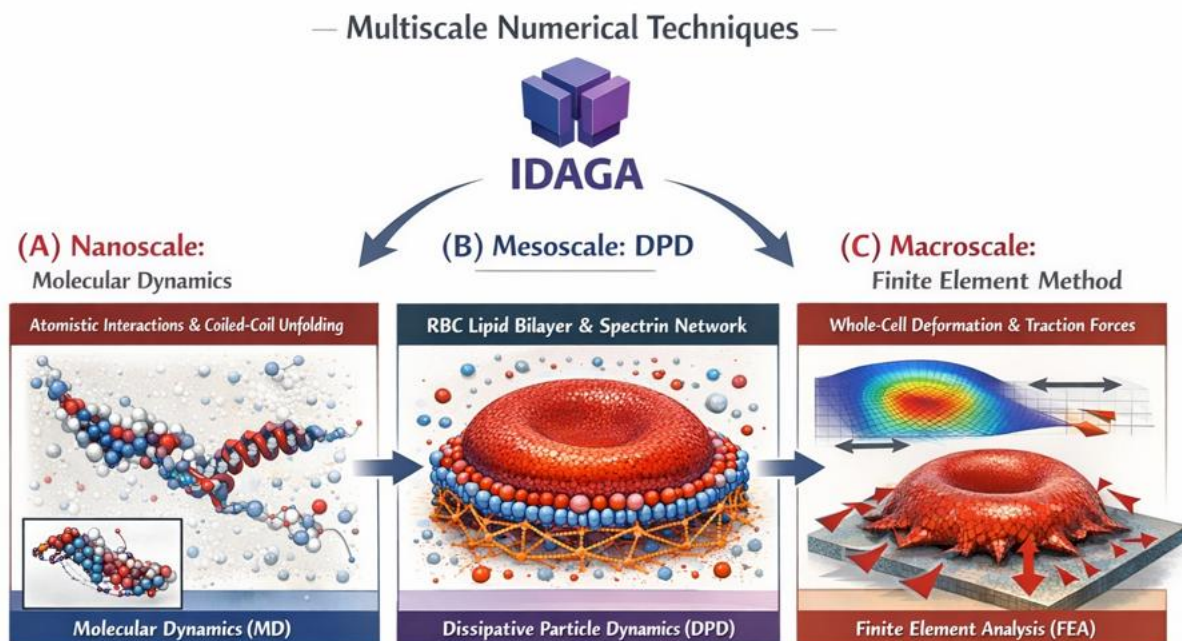


Figure 1: Schematic representation of multiscale numerical techniques

(A) *Nanoscale: Molecular Dynamics (MD) capturing atomistic interactions and coiled-coil unfolding.* (B) *Mesoscale: Dissipative Particle Dynamics (DPD) illustrating fluid-structure interactions of the red blood cell lipid bilayer and spectrin network.* (C) *Macroscale: Continuum Finite Element Methods evaluating whole-cell deformation and traction forces during cell crawling.*

Simulating these intricate biophysical phenomena represents a formidable challenge in applied mathematics and computational biophysics, frequently categorized as a complex "free-boundary problem." Such problems require computing the kinetics of reaction-diffusion systems, the equations of fluid flow, and the distributions of mechanical stress within regions that are constantly evolving and deforming in three-dimensional space. To confront these challenges, researchers have developed and deployed a remarkably diverse array of numerical techniques. These range from Fully Atomistic Molecular Dynamics (MD) and Coarse-Grained Molecular Dynamics (CGMD) for nanoscale protein friction, to Dissipative Particle Dynamics (DPD) for mesoscale fluid-structure interactions, and Finite Element Methods (FEM) coupled with continuum mechanics for evaluating whole-cell deformation. Furthermore, specialized

agent-based stochastic simulation codes have been engineered specifically to capture the discrete interactions of individual filaments and diffusible crosslinkers within the thermal noise of the cytoplasm. The ensuing analysis provides an exhaustive comparative study of these mathematical models and numerical techniques, synthesizing multi-order insights to elucidate how varied computational approaches decode the mechanics of protein friction and the emergent dynamics of cytoskeletal networks.

2. The Thermodynamics of Protein Friction and Entropic Force Generation

The conceptualization of friction within biological polymeric networks extends far beyond classical macroscopic models of dry, Coulombic friction. In the cellular environment, friction encompasses the thermodynamic resistance to protein conformational changes, the viscous drag exerted by the fluidic cytosol, and the stochastic binding and unbinding kinetics of transient crosslinking proteins. Mathematical models parameterize these dissipative and resistive forces to understand how cells spontaneously generate, sustain, and resist immense mechanical loads without exhausting their chemical energy reserves.

2.1 Entropic Forces and Asymmetric Friction in Microtubule Bundles

A paradigm shift in the understanding of cytoskeletal force generation is the realization that diffusible, non-motor microtubule-associated proteins (MAPs) can generate directed mechanical work without the consumption of chemical energy. Research has demonstrated that passive crosslinkers, such as those from the Ase1, PRC1, and Map65 family, produce directed forces within structurally overlapping microtubule networks (Lansky et al., 2015). When these diffusible crosslinkers are spatially confined within the narrow overlap region between two anti-parallel microtubules, their thermal motion generates a measurable entropic expansion force. The mathematical model for this phenomenon treats the confined proteins analogously to a compressed ideal gas propelling a piston within a rigid cylinder. The thermodynamic force is driven by the gradient of entropy; the system naturally drives the microtubules to slide apart to maximize the overlap length, which in turn maximizes the accessible microstates and positional entropy for the confined crosslinkers (Lansky et al., 2015). This entropic force has been measured in the piconewton range, proving it is a significant contributor to cellular mechanics.

Expanding upon this physical principle, it was confirmed that these entropic forces, which harness the ambient thermal energy present in the aqueous solution, are sufficiently powerful to reverse the direction of active, motor-protein-driven microtubule sliding (Braun et al., 2016). These models mathematically formalize that actin transport and microtubule organization rely on a delicate competition between a driving condensation force—originating from the binding free energy of crosslinking proteins that attempts to maximize filament overlap—and an opposing friction force at the filament interface that hinders transport. Furthermore, the presence of macromolecular crowding agents in the cytoplasm exacerbates these entropic contraction forces, meaning that passive force-generating mechanisms must be considered alongside chemical energy-dependent mechanisms to establish a comprehensive quantitative picture of cytoskeletal remodeling (Braun et al., 2016).

The complexity of protein friction in these networks is further compounded by the orientation of the proteins themselves. Mathematical models predicting the behavior of MAPs within actively moving microtubule pairs revealed that these proteins exhibit asymmetric friction (Forth et al., 2014). Their models and validating experiments revealed that the frictional resistance to sliding toward one end of a polar microtubule is significantly different from the resistance encountered when moving in the opposite direction. This micromechanical anisotropy acts as a physical ratchet, generating a frictional resistance that selectively filters motion. This leads to the directional sorting of MAPs within actively moving microtubule bundles. Such asymmetric friction serves as a vital mathematical parameter for predicting how cells self-organize their mitotic spindles during cell division and establish structural polarity without relying exclusively on active motor stepping (Forth et al., 2014).

2.2 Friction During the Fast Unfolding of Coiled-Coil Proteins

At the nanoscale, the structural unfolding of coiled-coil proteins—which constitute the fundamental building blocks of intermediate filaments and myosin motors—is governed by internal protein friction and intense hydrodynamic interactions with the surrounding cytosol. When these filamentous proteins are subjected to external mechanical perturbations, traditional two-state mathematical models based on Kramers' or Bell's theories often fail to predict the rates of unfolding accurately, particularly at high pulling velocities associated with cellular shock. To address this specific limitation, researchers developed an atomistically informed continuum rod model that explicitly incorporates velocity-dependent friction (Torres-Sánchez et al., 2019).

Through out-of-equilibrium, all-atom Molecular Dynamics (MD) simulations conducted in an explicit solvent environment, it was identified that the unfolding process of a coiled-coil protein involves three distinct mechanical regimes: linear stretching at low strains, an unfolding plateau where alpha-helices unzip, and finally, the stretching of covalent bonds. At low pulling rates, the thermodynamic energy dissipation is dominated by the motion of the phase boundaries between the coiled and the unfolded states. However, at high pulling rates, the dissipation mechanism transitions entirely, becoming dominated by friction between the unfolding protein and its aqueous environment. The continuum rod model accounts for this phenomenon by introducing a specific friction coefficient that mathematically attenuates the applied external force. Consequently, the actual thermodynamic force acting on the unfolding interface is significantly reduced compared to the macroscopic force applied to the ends of the protein (Torres-Sánchez et al., 2019). This theoretical advancement successfully reconciles the discrepancies between MD simulations and the Arrhenius law, demonstrating conclusively that internal and hydrodynamic friction govern the dynamics of phase transformations in cytoskeletal networks subjected to rapid shocks or traumatic blasts.

3. Nanoscale and Coarse-Grained Simulations of Structural Deformation

While continuum models provide an overarching view of macroscopic dissipation, deciphering the exact atomic mechanisms of protein friction requires highly resolved simulation techniques. Fully Atomistic Molecular Dynamics (MD) and Coarse-Grained (CG) simulations provide the mathematical rigor necessary to compute the exact forces required to break individual interatomic bonds during cytoskeletal deformation.

3.1 Molecular Dynamics of the Axonal Cytoskeleton

The axonal cytoskeleton of neurons is particularly vulnerable to mechanical damage, such as traumatic brain injury, necessitating precise computational approaches to understand its failure mechanisms. High-strain-rate MD simulations have been utilized to extract the mechanical behaviors of specific axonal cytoskeletal components, notably tau proteins, spectrins, and neurofilaments (NFs) (Khan et al., 2020). Because experimental observation of these nanoscale deformations at high velocities is exceptionally difficult, computational MD serves as an indispensable tool.

These simulations are commonly described using variants of the Langevin equation, which captures molecular motion in the overdamped regime:

$$m\ddot{\mathbf{r}}_i = -\nabla V(\mathbf{r}) - \gamma\dot{\mathbf{r}}_i + \mathbf{\Gamma}(t)$$

where $\mathbf{r}_i$ denotes the position vector of the i -th residue with mass $\mathbf{m}$, $V(\mathbf{r})$ represents the total potential energy acting on the residue, γ is the friction coefficient accounting for viscous damping, and $\mathbf{\Gamma}(t)$ is a Gaussian white-noise term representing random thermal fluctuations. This formulation enables the simulation of both deterministic intermolecular forces and stochastic thermal effects, thereby providing a realistic framework for analyzing the dynamic response of axonal cytoskeletal proteins under mechanical stress.

These MD computations have provided profound biological insights, revealing that single tau proteins act as highly stretchable, viscoelastic polymers. The mathematical modeling of their deformation shows that they unfold in distinct, sequential stages. Initially, they unfold by breaking weaker van der Waals forces and electrostatic bonds, exhibiting a relatively low stiffness in the range of 50 to 500 megapascals (MPa). However, upon complete unfolding, further strain requires the stretching of the strong covalent backbone bonds, causing the stiffness to skyrocket to over 2 gigapascals (GPa) (Khan et al., 2020). Furthermore, these atomistic models proved that the remarkable structural stretchability of the neuronal axon—which is capable of extending over 100% of its initial resting length without catastrophic failure—originates primarily from the unfolding capability of these membrane-associated proteins and spectrins, rather than the relatively rigid and brittle microtubules. The MD simulations also defined the tau-microtubule interface, revealing that the frictional and elastic bonding between tau and the microtubule lattice is highly dependent on the applied strain rate.

3.2 Coarse-Grained Elastic Network Models

Because fully atomistic MD is computationally restricted to microsecond time scales and nanometer length scales involving millions of atoms, Coarse-Grained Molecular Dynamics (CGMD) is utilized to simulate much larger protein complexes over extended physiological timeframes. By simplifying clusters of atoms (such as entire amino acid residues) into single interaction sites or "beads" connected by a network of harmonic potentials, CGMD bridges the critical gap to the mesoscale.

The application of Coarse-Grained simulation methods has been extensively reviewed in the context of protein structural deformations under external mechanical perturbations (Chen et al., 2016). These elastic network models (ENMs) consist of point-like particles connected by linear Hookean springs. They are highly efficient for performing linear normal mode analysis around

a given reference structure to determine low-frequency, large-amplitude domain motions. CGMD models have successfully captured the non-linear structural transitions of proteins under mechanical stress. For example, these simulations have accurately predicted the catch-bond mechanism in T-cell receptors (TCR) binding to major histocompatibility complex (MHC) ligands, where the application of a stretching force initially lowers the binding energy, paradoxically strengthening the adhesion (Chen et al., 2016). Furthermore, the method was applied to simulate the pulling of an eight-cadherin cluster formed by trans and cis binding interfaces, demonstrating that the mechanical properties and frictional slipping of adherens junctions are functionally critical to maintaining cell adhesion under tissue-level shear stress.

4. Mesoscale Modeling of Network Dynamics and Stochastic Simulations

Moving beyond individual proteins, the cytoskeleton functions as a massive, entangled network. Modeling the dynamic behaviors of these actin-based and microtubule-based networks requires numerical techniques that can handle hundreds to thousands of intersecting filaments while accounting for the stochastic thermal noise of the cellular environment.

4.1 Constitutive Theories of Actin Networks

The dynamic behaviors of actin-based cytoskeletal networks have been extensively modeled using statistical and continuum theories to explain emergent macroscopic material properties. To investigate force generation in living cells, constitutive relations must be constructed for single filamentous actin (F-actin) polymers. In many computational models, each actin filament is treated as an array of Hookean springs in series. The value of the spring constant is specifically selected to match the extensional stiffness of individual actin filaments measured in highly controlled in vitro experiments. For instance, an actin filament of 1 micrometer in length can be modeled as a series of springs with an estimated spring constant (k_s) of 5678 pN/nm, depending heavily on the specific coarse-graining scheme adopted at the onset of the simulation (Gong et al., 2019).

These large-scale simulations reveal crucial insights into viscoelastic stress relaxation and internal network friction. For instance, in networks crosslinked by slip-bonds, the rate of stress relaxation becomes progressively faster under increasing imposed strain as the bonds physically slip past one another. In direct contrast, in networks constructed with catch-bond crosslinking proteins, the characteristic timescale for stress decay actually grows with the applied strain, making the network stiffer and more resistant to friction under tension (Gong et al., 2019). Furthermore, when active, motor-induced contractile forces are introduced into the simulation, the apparent elastic modulus of the network increases significantly, particularly in the entropy-dominated regime at small strains. The fluctuating, stochastic forces generated by these active molecular motors not only cause the alignment and dense bundling of filaments but also actively enhance the diffusion of nanometer-sized particles through the cytoskeletal meshwork, proving that the network acts as an active material driving intracellular agitation.

4.2 Stochastic Filopodial Dynamics and Particle-Centered Methods

Filopodia are highly dynamic, finger-like membrane protrusions composed of parallel, tightly bundled actin filaments. They are essential for cell migration, neural development, and probing the extracellular environment. Developing mathematical models for filopodia requires

balancing the rapid polymerization of actin at the tip with the continuous retrograde flow of the entire filament bundle toward the cell body.

A sophisticated stochastic mathematical-computational simulation was developed to unravel the fluid flow and the influence of actin regulators within these highly confined tubular structures (Leal, 2020). Traditional continuum models relied heavily on standard diffusion equations to explain the transport of monomeric G-actin from the massive cell body through the narrow filopodial tube to the polymerizing tip. However, the particle-centered numerical method advanced this concept by proving that simple diffusion alone is entirely insufficient to support the rapid growth observed in living cells. The stochastic model explicitly incorporates cytoplasmic forward flow (an influx of cytosol required to replace the physical volume of the back-flowing actin bundle during "treadmilling"), the resisting force applied by the fluctuating plasma membrane on individual filaments, and the highly specific binding affinities of actin-regulating proteins such as profilin and Ena/VASP (Leal, 2020).

By meticulously tracking individual molecules via a Brownian random walk coupled with mass conservation drifts, the simulation accurately produced virtual filopodia capable of growing up to 40 micrometers in length—a physiological reality that purely diffusive continuum models chronically failed to replicate. The mathematical model revealed a profound negative feedback loop created by the membrane load and the monomeric G-actin gradient, which tightly controls the narrow distribution of filament lengths within the bundle. Furthermore, the simulation demonstrated that fast thermal fluctuations significantly renormalize the parameters of simple mean-field models, proving the absolute necessity of stochastic simulations in modeling highly confined biological structures (Leal, 2020).

4.3 Specialized Simulation Codes for the Cytoskeleton

To systematically study the self-organization of these complex mixtures of filaments, motors, and crosslinkers, researchers rely on specialized, open-source cytoskeletal simulation codes, the most prominent being Cytosim. Built around a highly optimized C++ core engine, Cytosim is designed specifically to integrate the over-damped Langevin equations of motion for large systems of flexible filaments. Because inertial forces are entirely negligible at the cellular scale (existing at an extremely low Reynolds number), the physical system is utterly dominated by viscous drag (friction) from the solvent and random Brownian motion.

The software numerically handles the bending elasticity of filaments by treating them as inextensible curves, utilizing an implicit numerical integration scheme. This mathematical approach allows for relatively large simulation time steps while maintaining absolute numerical stability when calculating the bending forces of exceptionally stiff biopolymers like microtubules. Cytosim defines passive crosslinkers, diffusible crosslinkers, nucleators, severing enzymes, and discrete molecular motors through detailed configuration files. By natively bridging the biochemical kinetics of stochastic motor stepping with the mechanical deformation of the resulting network, the code establishes direct, causal mathematical links between localized protein friction, binding kinetics, and macroscopic network contractility.

5. Intracellular Fluid Mechanics and Poroviscous Continuum Models

Modeling the entire spatial extent of a cell requires bridging the vast gap between the discrete nature of the cytoskeletal filaments and the continuous, fluidic nature of the cytoplasm. This necessitates the deployment of continuum mechanics, viscoelastic flow equations, and sophisticated fluid-structure interaction (FSI) solvers.

5.1 Active Polar Gels and Darcy Drag

The living cell cytoplasm is best described mathematically as a biphasic material consisting of a fluid solvent interpenetrating a deforming, viscoelastic cytoskeletal meshwork. The mathematical models defining intracellular fluid mechanics emphasize the absolute necessity of coupling cytoplasmic fluid flow with the active dynamics of the cytoskeletal gel (Mogilner & Manhart, 2018). These continuum models utilize sophisticated poroelastic and two-phase poroviscous fluid dynamics to describe how the physical contraction of the actin-myosin network generates extreme intracellular pressure gradients that subsequently drive fluid flow.

In these active polar gel models, the mathematical stress tensor incorporates both the passive viscous stresses of the fluid and the active contractile stresses generated continuously by myosin motors. The free-moving boundary of the cell edge introduces a high degree of mathematical complexity to the differential equations. These models are heavily applied to understand complex cellular phenomena such as blebbing—a process where the lipid membrane violently detaches from the underlying actin cortex due to locally elevated hydrostatic pressure—and organelle positioning (Mogilner & Manhart, 2018). The continuous physical interaction between the flowing fluid and the solid mesh results in immense internal friction, known mathematically as Darcy drag, which acts as the primary rate-limiting factor for the rapid volumetric reorganization of the cell interior during amoeboid migration.

5.2 Reaction-Diffusion versus Viscoelastic Flow Models

A comprehensive comparison of computational models for eukaryotic cell shape and motility highlights the divergence in mathematical approaches used to tackle the free-boundary problem of a crawling cell (Holmes & Edelstein-Keshet, 2012). Reaction-Diffusion (RD) equations are classically employed to describe the biochemical signaling machinery—such as the diffusion and activation of Rho GTPases—that polarizes the cell to establish a distinct front and rear. Conversely, equations of viscoelastic flows are utilized to define the physical material properties of the motility machinery itself, calculating the strain and stress of the actomyosin network.

The numerical challenge lies in integrating these two highly disparate domains on a mathematical boundary that is continuously evolving in time. Various numerical approaches have been benchmarked to solve this. The Level Set Method (LSM) is utilized for tracking deforming boundaries smoothly without the mesh tangling associated with Lagrangian tracking. Alternatively, the Cellular Potts Model (CPM) uses a rule-based Hamiltonian calculation on a discrete spatial grid to simulate the extension and retraction of the cell boundary based on localized signaling activities. While the CPM is computationally efficient and excellent for multi-cell tissue simulations, continuum viscoelastic models parameterized with finite element (FEM) or finite volume solvers provide a far more rigorous and physically

accurate assessment of the mechanical stress and internal fluid pressures generated by the cytoskeleton (Holmes & Edelstein-Keshet, 2012).

6. Mesoscale Hydrodynamics: Dissipative Particle Dynamics (DPD)

When dealing with the flow of whole cells through highly complex microvascular geometries, standard continuum models often struggle to capture the stochastic thermal fluctuations and the specific, highly localized frictional interactions between the lipid membrane and the underlying cytoskeleton. Dissipative Particle Dynamics (DPD) has emerged as an exceptionally powerful mesoscopic numerical technique that brilliantly bridges this gap. In DPD, the fluid and solid structures are modeled as a collection of coarse-grained particles that interact via conservative (elastic), dissipative (frictional), and random (thermal) forces. The dissipative force acts as a local friction that retards the relative motion of interacting particles, while the random force mimics thermal noise, strictly satisfying the fluctuation-dissipation theorem and ensuring proper thermodynamic equilibrium.

6.1 Erythrocyte Dynamics and the Two-Component Model

The structural integrity and extreme deformability of the human red blood cell (RBC) rely heavily on the interaction between its lipid bilayer and the tethered spectrin-actin cytoskeletal network. A unique two-component DPD model was developed to simulate these specific biomechanical interactions, explicitly separating the lipid bilayer from the underlying cytoskeleton rather than modeling the membrane as a single homogenous sheet (Peng et al., 2013). The mathematical model defines the bilayer-cytoskeletal interaction potential as a massive summation of harmonic potentials representing the transmembrane proteins, primarily band 3 and glycophorin C. This discrete modeling allows the numerical simulation to precisely quantify the friction coefficient and elastic interaction forces sliding between the two distinct layers.

The dual-component DPD simulations revealed profound insights during RBC tank-treading motions in shear flow. The simulations proved that the tank-treading movement is generally too fast for actual bilayer-cytoskeletal slip to occur in healthy cells due to the immense molecular friction. However, if the bilayer-cytoskeletal friction coefficient is pathologically reduced—as seen in certain hemolytic diseases—apparent slip occurs, leading to abnormal cell dynamics and rapid degradation (Peng et al., 2013). Furthermore, the DPD model provided exact quantitative estimates of the maximum force applied to a single junctional complex, calculated to be approximately 5.7 to 10.45 pN, before the lipid bilayer forcibly detaches from the cytoskeleton during vesiculation processes induced by extreme mechanical aspiration.

Subsequent DPD studies investigated the behavior of erythrocytes in low-shear-rate flows to determine the true "stress-free state" (SFS) of the RBC cytoskeleton (Peng et al., 2014). Previous computational models universally assumed that the familiar biconcave resting shape of the RBC was its stress-free state. However, by comparing multiscale FSI DPD simulations with delicate experimental observations of tank-treading, the numerical models suggested that the actual stress-free state of the cytoskeleton is a spheroid extremely close to a sphere (Peng et al., 2014). This profound mathematical insight implies that the RBC skeleton is actually

highly pre-stressed in its natural biconcave state, utilizing this built-in tension to instantaneously respond to shear variations in the microcirculation.

6.2 Tumor Cell Extravasation and Flow in Microvessels

The DPD method was further expanded to simulate the complex behaviors of individual cells passing through narrow microvessel slits, which is a critical mechanical mechanism in tumor cell extravasation and hematogenous metastasis (Xiao et al., 2016). In this highly detailed numerical simulation, the migrating cell membrane was treated as a three-dimensional spring-based network that enforced precise bending resistance, surface area constraints, and volume conservation.

To establish a consistent coupling between mesoscopic particle interactions and macroscopic hydrodynamic behavior, the discrete modeling framework enforces conservation of mass, momentum, and scalar transport through the following material derivative equations:

$$\begin{aligned}\frac{D\rho}{Dt} &= -\rho \nabla \cdot \mathbf{v} \\ \frac{D\mathbf{v}}{Dt} &= -\frac{1}{\rho} \nabla P + \mathbf{F}_{\text{visc}} + \mathbf{F}_{\text{body}} \\ \frac{DC}{Dt} &= \nabla \cdot (\kappa \nabla C) + R\end{aligned}$$

where ρ denotes the fluid density, $\mathbf{v}$ is the velocity field, P represents the pressure, $\mathbf{F}_{\text{visc}}$ is the viscous force term, and $\mathbf{F}_{\text{body}}$ denotes the body force. In the transport equation, C represents the scalar concentration field, κ is the diffusion coefficient, and R denotes the source or reaction term. Collectively, these governing equations enable the DPD framework to capture the coupled effects of fluid flow, mechanical deformation, and transport phenomena in biologically confined environments.

The DPD simulations revealed that as a cell attempts to enter a narrow slit, its migration velocity decreases drastically due to the extreme physical constriction, but it accelerates rapidly upon exiting due to the release of stored elastic energy. Crucially, the mathematical model established that the capacity of the cell to increase its total surface area plays a far more dominant role in achieving successful transmigration than the cell's internal bulk elasticity modulus (Xiao et al., 2016). A spherical cell with limited surface area reserves will become permanently jammed in the slit, even if its elasticity modulus is artificially reduced by a factor of ten in the simulation.

7. Mechanotransduction, Cell Adhesion, and Whole-Cell Deformation

Cells do not merely exist within a mechanical environment; they actively probe it, interpret the resistance, and convert these physical cues into complex biochemical signals—a process known as mechanotransduction. Mathematical models are essential for mapping how forces applied at the cell surface are transmitted deep into the nucleus to alter gene expression.

7.1 The Stick-Slip Model of Cell Crawling

At the macroscopic scale of cellular motility, the dynamic interaction between the crawling cell and the extracellular matrix is mediated by focal adhesions. A highly detailed minimal active

gel model was introduced to describe one-dimensional cell migration through a "stick-slip" friction mechanism (Sens, 2020).

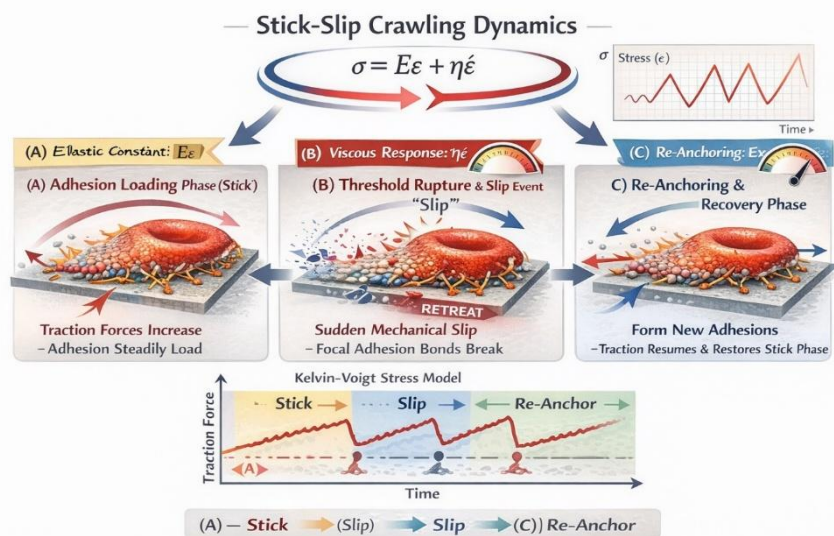


Figure 2: Graphical abstraction of the Stick-Slip crawling dynamics

Representing the macroscopic mechanical feedback loop where intense focal adhesion loading eventually supersedes unbinding thresholds. This prompts a sudden mechanical "slip" retraction followed by subsequent "stick" anchoring events, mathematically governed by the Kelvin-Voigt stress tensor outlined above.

In this theoretical framework, the cell is mathematically represented using linear viscoelastic mechanics, specifically through a Kelvin–Voigt constitutive model, in which the cellular stress is dynamically expressed as

$$\sigma = \sigma_0 + k'_\sigma L + \alpha_\sigma \partial_t L$$

where σ denotes the total cellular stress, σ_0 represents the active motor-generated contractile tension, $k'_\sigma L$ is the elastic contribution associated with deformation, and $\alpha_\sigma \partial_t L$ corresponds to the viscous contribution arising from the rate of strain. Here, L denotes the instantaneous cell extension or strain-related deformation variable, while α_σ is an effective friction or viscosity parameter accounting for dissipative resistance within the cell body. Thus, the model captures both the instantaneous elastic response and the time-dependent viscous relaxation of the migrating cell.

The stick-slip dynamics arise directly from the mechanosensitivity of cell-substrate adhesion kinetics. As the actomyosin cytoskeleton constantly contracts, it builds up massive mechanical stress at the focal adhesions. When the load-sharing among these adhesion receptors exceeds a critical mathematical threshold, force-sensitive unbinding occurs rapidly, causing the cell edge to "slip" or retract backward, before binding and "sticking" once again. The mathematical model highlights that the velocity of propagating lateral waves along the cell edge is not controlled merely by the biochemical rate of actin polymerization, but rather by an exact mechanical balance between the cell's global membrane tension and the localized substrate friction (Sens, 2020). This purely mechanical feedback loop elegantly explains spontaneous

symmetry breaking, steady crawling, bipedal motion, and bistability in migrating cells without requiring the incorporation of overwhelmingly complex biochemical signaling networks.

7.2 The 3D Cytoskeletal Clutch and Nuclear Deformation

The dynamic transmission of these forces from the ECM to the cell interior operates via a mechanism known as the "molecular clutch." Analytical modeling and numerical simulations of primary human fibroblasts embedded in a soft, 3D fibrin matrix demonstrated that cellular force transmission operates as a highly dynamic equilibrium (Owen et al., 2017). Fibroblasts form stress fibers flanked by focal adhesions that continuously engage and disengage the surrounding ECM fibers. The numerical models support a paradigm in which cells do not respond to the macroscale, bulk mechanical properties of the tissue, but rather to the highly specific, effective stiffness of localized, discrete matrix attachment points (Owen et al., 2017).

Once the force passes the focal adhesion, it is transmitted through the cell via the cytoskeletal network. A three-dimensional random network model of the cytoskeleton was developed to investigate its role in transmitting these mechanical stresses directly to the nucleus, effecting mechanotransduction without biochemical intermediaries (Zeng et al., 2012). The simulation models the cytoskeleton as a dense network of Hookean springs. As actomyosin forces pull the network, the mathematical simulation tracks the distribution of mechanical stresses from the plasma membrane through the cytosol directly to the nuclear envelope. The model mathematically predicts that nuclear strain varies in a distinct sigmoidal manner with respect to the concentration of actin filaments, highlighting the highly nonlinear, cooperative nature of network connectivity.

7.3 Simulating Extreme Deformation: RT-DC and CFD

In advanced clinical and biotechnological applications, numerical simulations are utilized to extract mechanical properties from massive populations of cells undergoing extreme deformation. Real-Time Deformability Cytometry (RT-DC) is modeled using a full numerical framework that precisely couples fluid dynamics with a cell modeled as a highly viscoelastic material enclosed by a thin shell cortex (incorporating bending stiffness and cortical surface tension). By transitioning from simple linear elasticity models to highly complex neo-Hookean hyperelasticity, the RT-DC simulation effectively categorizes and calculates large cellular deformations in a microfluidic channel (Mokbel et al., 2017).

Finally, extreme mechanical environments, such as the deliberate disruption of mammalian cells in microfluidic nozzles for intracellular delivery or protein harvesting, are modeled using Computational Fluid Dynamics (CFD). The mechanical disruption of cells was numerically analyzed by treating the cells as elastic spheres that undergo catastrophic bursting at a specific surface tension threshold (Wurm & Zeng, 2012). The integration of shear-induced stress inside the micronozzle was described using a fitted mathematical expression derived from CFD-based velocity gradients:

$$F(x) = 1 - \exp(-ax^b - cx^d)$$

where $F(x)$ represents the fitted cumulative stress or exposure function along the nozzle coordinate x , while a , b , c , and d are empirical fitting constants determined from the CFD solution. This functional form was used to characterize the nonlinear variation of

hydrodynamic stress exposure experienced by the cells as they traversed the converging microfluidic passage.

By combining this stress integration with the first Guldinus theorem for bodies of revolution, the simulation framework enabled accurate estimation of the critical energy dissipation rate required for cell disruption. In particular, for Chinese Hamster Ovary (CHO) cells, the critical disruption threshold was calculated as

$$4.7 * 10^8 \text{ Wm}^{-3}$$

(Wurm & Zeng, 2012). This value represents the minimum volumetric energy dissipation rate necessary to induce irreversible membrane failure and complete cellular bursting under the prescribed flow conditions.

8. Comparative Synthesis of Numerical Methodologies

To fully appreciate the scope of computational biomechanics up to 2020, it is necessary to synthesize the specific advantages and physical domains of the discussed numerical techniques. No single mathematical model can span the entire spatial and temporal breadth of cytoskeletal friction and deformation.

Table 1: Spatial and Temporal Resolution of Numerical Techniques

Numerical Technique	Primary Spatial Scale	Typical Temporal Scale	Handling of Internal Friction and Dissipation	Key Application in Reviewed Literature
Atomistic Molecular Dynamics (MD)	Nanometers (10^{-9} m)	Nanoseconds to Microseconds	Explicit atom-atom collisions, van der Waals, and electrostatic damping.	Tau protein unfolding, spectrin stretching, coiled-coil fast unfolding.
Coarse-Grained Molecular Dynamics (CGMD)	Nanometers to Micrometers	Microseconds to Milliseconds	Langevin thermostats, viscous drag applied to grouped coarse beads.	Catch-bond mechanisms in TCR/MHC, cadherin cluster mechanotransduction.
Dissipative Particle Dynamics (DPD)	Micrometers (10^{-6} m)	Milliseconds to Seconds	Pairwise dissipative forces conserving momentum, mimicking bulk hydrodynamics.	2-component RBC tank-treading, tumor cell transmigration through narrow slits.
Stochastic / Brownian Dynamics	Micrometers to Cell Scale	Seconds to Minutes	Over-damped Langevin dynamics, discrete stochastic binding/unbinding kinetics.	Filopodial G-actin transport, Ase1 entropic force generation, microtubule sorting.
Continuum Mechanics / FEM	Cell to Tissue Scale	Seconds to Hours	Viscoelastic constitutive laws, Darcy drag,	RT-DC neo-Hookean deformation, whole-cell blebbing, stick-slip crawling.

			poroviscous pressure gradients.	
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The mathematical formalisms utilized to represent the cytoskeleton vary drastically based on the chosen numerical technique, highlighting the multi-faceted nature of biological networks.

Table 2: Mathematical Formulations of Cytoskeletal Behavior

Biological Phenomenon	Mathematical Representation / Model	Key Parameters Extracted	Corresponding Reference
Actin Network Elasticity	Array of Hookean springs in series	Spring constant $k_s = 5678 \text{ pN/nm}$ for $1 \text{ }\mu\text{m}$ F-actin	Gong et al. (2019)
RBC Bilayer-Cytoskeleton Friction	Harmonic interaction potentials (DPD)	Junctional complex detachment force approx $5.7 - 10.45 \text{ pN}$	Peng et al. (2013)
Microfluidic Cell Disruption	CFD velocity gradients + Guldinius Law	Critical energy dissipation rate $4.7 \times 10^8 \text{ W m}^{-3}$	Wurm & Zeng (2012)
Stick-Slip Cell Migration	Kelvin-Voigt viscoelastic model	Lateral wave propagation velocity approx $0.1 \text{ }\mu\text{m/s}$	Sens (2020)
Filopodial Treadmilling	Brownian random walk + mass conservation drift	Maximum physiological bundle length approx $40 \text{ }\mu\text{m}$	Leal (2020)

9. Conclusion

The comprehensive integration of mathematical modeling and diverse numerical techniques has fundamentally transformed the understanding of cytoskeletal mechanics and protein friction. The evaluation reveals that the cytoskeleton is not merely a static scaffold, but a finely tuned, continuously active mechanical machine where friction and thermodynamic energy dissipation occur across highly distinct hierarchies.

At the most fundamental molecular level, frictional resistance dictates the rate of structural phase transitions, such as the fast unfolding of coiled-coil proteins under shock. Concurrently, the realization that diffusible crosslinkers harness ambient thermal motion to generate massive entropic expansion forces introduces a purely thermodynamic dimension to force generation. Scaling up to the mesoscale, stochastic particle-centered methods and specialized agent-based simulations effectively decode the emergent properties of filament bundling, filopodial protrusion, and spatial self-organization. Mesoscopic fluid-structure models like Dissipative Particle Dynamics successfully capture the intricate frictional slippage between delicate lipid bilayers and underlying cytoskeletal networks. Ultimately, macroscopic cellular behaviors—such as spontaneous cell polarization, mechanosensitive stick-slip crawling, nuclear deformation, and gene expression modulation—are the downstream, cumulative consequences of these micro- and mesoscale frictional interactions.

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